

---

Citation:

Bagnall, A and Southby, K and Mitchell, B and South, J (2015) BIBLIOGRAPHY AND MAP OF COMMUNITY-CENTRED INTERVENTIONS FOR HEALTH AND WELLBEING. Other. Leeds Beckett University. (Unpublished)

Link to Leeds Beckett Repository record:

<https://eprints.leedsbeckett.ac.uk/id/eprint/1782/>

Document Version:

Monograph (Other)

---

The aim of the Leeds Beckett Repository is to provide open access to our research, as required by funder policies and permitted by publishers and copyright law.

The Leeds Beckett repository holds a wide range of publications, each of which has been checked for copyright and the relevant embargo period has been applied by the Research Services team.

We operate on a standard take-down policy. If you are the author or publisher of an output and you would like it removed from the repository, please [contact us](#) and we will investigate on a case-by-case basis.

Each thesis in the repository has been cleared where necessary by the author for third party copyright. If you would like a thesis to be removed from the repository or believe there is an issue with copyright, please contact us on [openaccess@leedsbeckett.ac.uk](mailto:openaccess@leedsbeckett.ac.uk) and we will investigate on a case-by-case basis.

LEEDS BECKETT UNIVERSITY

# BIBLIOGRAPHY AND MAP OF COMMUNITY-CENTRED INTERVENTIONS FOR HEALTH AND WELLBEING

Report prepared for Public Health England & NHS England by Bagnall  
AM, Southby K, Mitchell B, South J.

Address for correspondence

**Dr Anne-Marie Bagnall**

Leeds Beckett University

512 Calverley

Leeds LS1 3HE

Tel: 0113 812 4333

Email: [a.bagnall@leedsbeckett.ac.uk](mailto:a.bagnall@leedsbeckett.ac.uk)

[www.leedsbeckett.ac.uk](http://www.leedsbeckett.ac.uk)



# Acknowledgements

The bibliography was prepared to inform a knowledge translation project 'Working with communities: empowerment, evidence and learning' (2014-5) that was jointly funded and steered by NHS England and Public Health England (PHE). The project aimed to draw together and disseminate evidence and learning on community-centred approaches. Professor South was seconded to PHE to lead the project, and a team at Leeds Beckett University (formerly Leeds Metropolitan University), led by Dr Bagnall, undertook the scoping review.

The full results of this project are reported in a joint NHS England/PHE report and briefing 'A Guide to Community-Centred Approaches to Health and Wellbeing' published in February 2015. These can be found at: <https://www.gov.uk/government/publications/health-and-wellbeing-a-guide-to-community-centred-approaches>.

The authors would like to thank NHS England & PHE for the funding, guidance and support that enabled this bibliography to be produced as an additional knowledge resource for research and practice.

# Table of Contents

1. Introduction.....	3
2. Bibliography of community-centred approaches for health & wellbeing .....	4
3. Scoping review – methods.....	16
3.1 Aims.....	16
3.2 Search strategy.....	16
3.3 Inclusion criteria.....	17
3.3 Study selection .....	17
3.4 Coding.....	17
4. Map of literature.....	20
4.1 Scoping review results -overview .....	20
4.2 Study type.....	21
4.3 Approach to community involvement .....	21
4.4 Outcomes reported .....	22
Appendix 1: Tables of included studies .....	25
Table A Strengthening Communities .....	25
Table B Volunteer and Peer Roles.....	33
Table C Collaborations & Partnerships.....	38
Table D Access to community resources .....	45
Table E Multiple Areas .....	47
Table F Generic/Unclear.....	50
Appendix 2: List of websites searched .....	53
National organisations.....	53
Local organisations .....	54
Organisation with a specific focus on ethnic minority communities .....	55
Universities.....	55
Citizens/public experiences .....	55

# 1. Introduction

Whether we connect with others through the place we live or by sharing a common identity or mutual interests, communities matter for health and wellbeing. There is a long tradition in health promotion and public health of using participatory methods that actively engage communities in decision-making and delivery and that harness people's skills, knowledge and networks. Despite widespread recognition of the value of community engagement, making the leap from an aspiration to involve people to developing practical actions on the ground can be hampered by a lack of clarity over what models to use and what works in what circumstances. The rich and diverse evidence base can be difficult to navigate due to the lack of common terms and a shared language between sectors and disciplines. The aim of this bibliography and map is to provide a resource that reflects the diversity of practice in the UK and by scoping intervention types, to signpost to potential sources of evidence.

The bibliography and map present the results of a scoping review undertaken as part of a national knowledge translation project 'Working with Communities – Empowerment, Evidence and Learning' (2014-2015), jointly funded and steered by NHS England and Public Health England (PHE). This project aimed to support better, more effective working with communities on health and wellbeing through improving access to existing evidence and learning. It was informed by previous work by the National Support Team on Health Inequalities, Department of Health, in establishing a think-tank for community engagement and empowerment in 2011 and the subsequent development of a multi-sectoral network, hosted by the Institute for Health and Wellbeing at Leeds Metropolitan University (now Leeds Beckett University). In February 2015, 'A guide to community-centred approaches for health and wellbeing' published by PHE and NHS England was published (Public Health England and NHS England, 2015):

<https://www.gov.uk/government/publications/health-and-wellbeing-a-guide-to-community-centred-approaches>. This guide introduces a 'family of community-centred approaches' which groups approaches, interventions and models into four main groups:

- Strengthening communities
- Volunteer and peer roles
- Collaborations and partnerships
- Access to community resources

The underpinning scoping review undertaken by the Leeds Beckett University team was primarily a rapid review of reviews to identify major sources of evidence and intervention types. The first part of this report presents the bibliography, with a total of 168 publications organised into types of study/resource, whether they relate specifically to UK practice or are non-UK studies covering international research. The second part of the report describes the scoping review methods and results of the mapping, in terms of the spread of evidence resources and characteristics. While we recognise the limitations of this type of exercise, we hope that this bibliography can be used as a resource for research and practice, which will help improve access to evidence, linked to the guide to community-centred approaches for health and wellbeing.

## 2. Bibliography of community-centred approaches for health & wellbeing

In total 168 publications or studies are listed below, grouped according to study design or type of resource and whether they specifically pertain to the UK or to a non-UK context and/or review international literature.

In addition, Appendix 1 presents the results of the map as an alphabetical list of studies in each of the four main approaches (strengthening communities; volunteer & peer roles; collaborations and partnerships; access to community resources), which are then coded in terms of topic area, population, and outcomes reported.

### Systematic review

#### UK based studies

1. Burton, P.; Croft, J.; Hastings, A.; Slater, T.; Goodlad, R.; Abbott, J. and Macdonald. (2004). What works in community involvement in area-based initiatives?: a systematic review of the literature. London: Home Office.
2. Carr, S.; Lhussier, M.; Forster, N.; Geddes, L.; Deane, K.; Pennington, M.; Visram, S.; White, M.; Michie, S.; Donaldson, C. and Hildreth, A. (2011). "An evidence synthesis of qualitative and quantitative research on component intervention techniques, effectiveness, cost-effectiveness, equity and acceptability of different versions of health-related lifestyle advisor role in improving health." *Health Technology Assessment*. 15(9), pp.1-269.
3. Casiday, R.; Kinsman, E.; Fisher, C. and Bamba, C. (2008). Volunteering and health; what impact does it really have? London: Volunteering England.
4. Connell, P.; Wolfe, C. and McKevitt, C. (2008). "Preventing stroke: a narrative review of community interventions for improving hypertension control in black adults." *Health & Social Care in the Community*. 16(2), pp.165-187.
5. Hills, D. (2004). Evaluation of community-level interventions for health improvement: a review of experience in the UK. London: Health Development Agency.
6. Milligan, C.; Dowrick, C.; Payne, S.; Hanratty, B.; Irwin, P. I Neary, D. and Richardson, D. (2013). Men's Sheds and other gendered interventions for older men: improving health and wellbeing through social activity - a systematic review and scoping of the evidence base. Lancaster: Lancaster University Centre for Ageing Research.
7. Milton, B.; Attree, P.; French, B.; Povall, S.; Whitehead, M. and Popay, J. (2012). "The impact of community engagement on health and social outcomes: a systematic review." *Community Development Journal*. 47(3), pp.316-334.
8. Perkins, N.; Smith, K.; Hunter, D.; Bamba, C. and Joyce, K. (2010). "What counts is what works'? New Labour and partnerships in public health". *Policy and Politics*. 38(1), pp.101-117.
9. South, J.; Meah, A.; Bagnell, A. and Jones, R. (2013). "Dimensions of lay health worker programmes: results of a scoping study and production of a descriptive framework." *Global Health Promotion*. 20(1), pp.5-15.

## Non-UK based studies

10. Andrews, J.; Newman, S.; Health, J.; Williams, L. and Tingen, L. (2012). "Community-based participatory research and smoking cessation interventions: a review of the evidence." *The Nursing Clinics of North America*. 47(1), pp.81-96.
11. Attree, P.; French, B.; Milton, B.; Povall, S.; Whitehead, M. and Popay, J. (2011). "The experience of community engagement for individuals: a rapid review of evidence." *Health & Social Care in the Community*. 19(3), pp.250-260.
12. Coles, E.; Themessl-Huber, M. and Freeman, R. (2012). "Investigating community-based health and health promotion for homeless people: a mixed methods review." *Health Education Research*. 27(4), pp.624-644.
13. Elliott, E.; Byrne, E.; Shirani, F.; Gong, Y.; Henwood, K.; Morgan, H.; Shepard, M.; Palmer, S. and Williams, G. (2012). *Connected Communities: A review of theories, concepts and interventions relating to community-level strengths and their impact on health and wellbeing*. London: Connected Communities.
14. Ford, P.; Clifford, A.; Gussy, K. and Gartner, C. (2013). "A systematic review of peer-support programs for smoking cessation in disadvantaged groups." *International Journal of Environmental Research and Public Health*. 10(11), pp.5507-5522.
15. Ganann, R.; Fitzpatrick-Lewis, D.; Ciliska, D. and Peirson, L. (2012). "Community-based interventions for enhancing access to or consumption of fruit and vegetables among five to 18-year olds: a scoping review." *BMC Public Health*. 12(1), pp.711. doi: 10.1186/1471-2458-12-711.
16. Heaven, B.; Brown, L.; White, M.; Errington, L.; Mathers, J. and Moffatt, S. (2013). "Supporting well-being through meaningful social roles: Systematic review of intervention studies." *The Milbank Quarterly*. 9(2), pp.222-287.
17. Jenkinson, C.; Dickens, A.; Jones, K.; Thompson-Coon, J.; Taylor, R.; Rogers, M.; Bamba, C.; Lang, I. and Richards, S. (2013). "Is volunteering a public health intervention? A systematic review and meta-analysis of the health and survival of volunteers." *BMC Public Health*. 13(1), pp.773. doi: 10.1186/1471-2458-13-773.
18. Kenny, A.; Hyett, N.; Sawtell, J.; Dickson-Swift, V.; Farmer, J. and O'Meara, P. (2013). "Community participation in rural health: a scoping review." *BMC Health Services Research*. 13(1), pp.64. doi: 10.1186/1472-6963-13-64.
19. Levasseur, M.; Richard, L.; Gauvin, L. and Raymond, E. (2010). "Inventory and analysis of definitions of social participation found in the aging literature: proposed taxonomy of social activities". *Social Science & Medicine*. 71(12), pp.2141-2149.
20. Liberato, S.; Brimblecombe, J.; Ritchie, J.; Ferguson, M. and Coveney, J. (2011). "Measuring capacity building in communities: a review of the literature." *BMC Public Health*. 11(1), pp.850. doi: 10.1186/1471-2458-11-850.
21. Marston, C.; Renedo, A.; McGowan, C. and Portela, A. (2013). "Effects of community participation on improving uptake of skilled care for maternal and newborn health: a systematic review". *Plos One*. 8(2), pp.e55012. doi: 10.1371/journal.pone.0055012.
22. Miyamoto, Y. and Sono, T. (2012). "Lessons from peer support among individuals with mental health difficulties: a review of the literature." *Clinical Practice and Epidemiology in Mental Health*. 8, pp.22-29.
23. Nitsch, M.; Waldherr, K.; Denk, E.; Griebler, U. and Marent, B. (2013). "Participation by different stakeholders in participatory evaluation of health promotion: a literature review." *Evaluation and Program Planning*. 40, pp.42-54.

24. O'Mara-Eves, A.; Brunton, G.; McDaid, D.; Oliver, S.; Kavanagh, J.; Jamal, F.; Matosevic, T.; Harden, A. and Thomas, J. (2013). "Community engagement to reduce inequalities in health: a systematic review, meta-analysis and economic analysis." *Public Health Research*. 1(4).
25. Parker, D.; Mills, S. and Abbey, J. (2008). "Effectiveness of interventions that assist caregivers to support people with dementia living in the community: a systematic review." *International Journal of Evidence-Based Healthcare*. 6(2), pp.137-172.
26. Pennington, M.; Visram, S.; Donaldson, C.; Lhussier, M.; Deane, K.; Forster, N. and Carr, S. (2013). "Cost-effectiveness of health-related lifestyle advice delivered by peer or lay advisors: synthesis of evidence from a systematic review." *Cost Effectiveness and Resource Allocation*. 11(1), pp.30-42.i
27. Pons-Vigues, M.; Diez, E.; Morrison, J.; Salas-Nicas, S.; Hoffmann, R.; Burstrom, B.; van Dijk, J. and Borrell, C. (2014). "Social and health policies or interventions to tackle health inequalities in European cities." *BMC Public Health*. 14(1), pp.1-23.
28. South, J.; Meah, A.; Bagnall, A.; Kinsella, K.; Branney, P.; White, J. and Gamsu, M. (2010). *People in Public Health - a study of approaches to develop and support people in public health roles*. Report for the National Institute for Health Research Service Delivery and Organisation Programme.
29. Tolli, M. (2012). "Effectiveness of peer education interventions for HIV prevention, adolescent pregnancy prevention and sexual health promotion for young people: a systematic review of European studies." *Health Education Research*. 27(5), pp.904-913.
30. Vaughn, L.; Wagner, E. and Jacquez, F. (2013). "A review of community-based participatory research in child health." *The American Journal of Maternal Child Nursing*. 38(1), pp.48-53.
31. Wiggins, N. (2012). "Popular education for health promotion and community empowerment: a review of the literature." *Health Promotion International*. 27(3), pp.356-371.
32. Windle, G.; Hughes, D.; Linck, P.; Morgan, R.; Burholt, V.; Edwards, R.; Reeves, C.; Tien Yeo, S.; Woods, B. and Russell, I. (2008). *Public health interventions to promote mental well-being in people aged 65 and over: systematic review of effectiveness and cost-effectiveness*. Bangor: University of Wales, Bangor.

## Non-systematic reviews

### *UK based studies*

33. Blomfield, M. and Cayton, H. (2010). *Community engagement report for the Health Foundation*. London: Health Foundation.
34. Coulter, A. (2010). *Engaging communities for health improvement. A scoping review for the Health Foundation*. London: The Health Foundation.
35. Evans, S. and Vallerly, S. (2007). *Best practise in promoting social wellbeing in extra care housing*. York: Joseph Rowntree Foundation
36. Fisher, B. (2011). *Community development in health: a literature review*. London: Health Empowerment Group.



37. Mackinnon, J.; Reid, M. and Kearns, A. (2006). Communities and health improvement: a review of evidence and approaches. Edinburgh: NHS Health Scotland.
38. Mundle, C.; Naylor, C. and Buck, D. (2012). Volunteering in health and care in England. A summary of key literature. London: The King's Fund.
39. Paylor, J. (2011). Volunteering and health: evidence of impact and implications for policy and practice - a literature review. London: Institute of Volunteering Research.
40. Rosenburg, J. (2011). "Social housing, community empowerment and well-being: Part one - empowerment practice in social housing". Housing, Care and Support. 14(4), pp.113-122.
41. Seebohm, P. and Gilchrist, A. (2008). Connect and include: An exploratory study of community development and mental health. London: National Social Inclusion Programme.
42. South, J.; Raine, G. and White, J. (2010). Community Health Champions: Evidence Review. Leeds: Centre for Health Promotion Research, Leeds Metropolitan University.
43. Vatcharavongvan, P.; Hepworth, J. and Marley, J. (2013). "The application of the parallel track model in community health promotion: a literature review". Health and Social Care in the Community. 21(4), pp.352-363.
44. Woodall, J.; Kinsella, K.; South, J. and White, J. (2012). Community Health Champions and older people: A review of the evidence. Leeds: Altogether Better.
45. Woodall, J.; Raine, G.; South, J. and Warwick-Booth, L. (2010). Empowerment and Health & Wellbeing - Evidence Review. Leeds: Centre for Health Promotion Research, Leeds Metropolitan University.

### ***Non-UK based studies***

46. Ager, A. (2013). "Annual Research Review: Resilience and child well-being--public policy implications." Journal of Child Psychology and Psychiatry, and Allied Disciplines. 54(4): 488-500.
47. Friedli, L. (2009). Mental health, resilience and inequalities. Denmark: World Health Organization Europe.
48. Larson, C.; Schlundt, D.; Patel, K.; Goldzweig, I. and Hargreaves, M. (2009). "Community participation in health initiatives for marginalized populations". Journal of Ambulatory Care Management. 32 (4), pp.264-270.
49. Laverack, G. (2006). "Improving health outcomes through community empowerment: a review of the literature." Journal of Health, Population and Nutrition. 24(1), pp.113-120.
50. Peel, N. and Warburton, J. (2009). "Using senior volunteers as peer educators: What is the evidence of effectiveness in falls prevention?" Australasian Journal on Ageing. 28(1), pp.7-11.
51. Rifkin, S. (2009). "Lessons from community participation in health programmes: a review of the post Alma-Ata experience." International Health. 1(1), pp.31-36.
52. Shalowitz, M.; Isacco, A.; Barquin, N.; Clark-Kauffman, E.; Delger, P.; Nelson, D.; Quinn, A. and Wagner, K. (2009). "Community-based participatory research: a review of the literature with strategies for community engagement." Journal of Developmental and Behavioral Pediatrics. 30(4), pp.350-361.

53. Stacciarini, J.-M.; Shattell, R.; Coady, M. and Wiens, B. (2011). "Review: Community-based participatory research approach to address mental health in minority populations." *Community Mental Health Journal*. 47(5), pp.489-497.
54. Stith, S.; Pruitt, I.; Dees, J.; Fronce, M.; Green, N.; Som, A.; Linkh, D. (2006). "Implementing community-based prevention programming: a review of the literature." *The Journal of Primary Prevention*. 27(6), pp.599-617.
55. Sunderland, N.; Beekhuyzen, J.; Kendall, E.; Wolski, M. (2013). "Moving health promotion communities online: a review of the literature." *The HIM Journal*. 42(2), pp.9-16.
56. Tapp, H. and Dulin, M. (2010). "The science of primary health-care improvement: potential and use of community-based participatory research by practice-based research networks for translation of research into practice." *Experimental Biology and Medicine*. 235(3), pp.290-299.
57. Wallerstein, N. (2006). *What is the evidence on effectiveness of empowerment to improve health?* Copenhagen: WHO Regional Office for Europe.

## Practice Reviews/evaluations

### *UK based studies*

58. Caie, J. (2012). "Climbing the walls: prison mental health and community engagement." *British Journal of Nursing* .21(11), pp.658-662.
59. Care and Social Services Inspectorate Wales (2012). *Growing old my way: a review of the impact of the National Service Framework for Older People in Wales*. Cardiff: Care and Social Services Inspectorate Wales.
60. Chadderton, C.; Elliott, E. and Williams, G. (2008). *Involving the public in HIA: An evaluation of current practice in Wales, working paper 116*. Cardiff: Cardiff School of Social Sciences, Cardiff University.
61. Clark, A. (2011). *How can local authorities with less money support better outcomes for older people?* York, Joseph Rowntree Foundation.
62. CLES Consulting (2011). *Big Lottery Fund national well-being evaluation*. Manchester: Centre for Local Economic Strategies
63. Community Health Exchange (2012). *Health issues in the community: evidence of impact*. Glasgow: SCDC/CHEx
64. Community Health Exchange (2012). *Healthy influences: community-led health organisations' influence in health and social planning structures*. Glasgow: SCDC/CHEx
65. Fountain, J. and Hicks, J. (2010). *Delivering race equality in mental health care: report on the findings and outcomes of the community engagement programme 2005-2008*. Preston: International School for Communities, Rights and Inclusion, University of Central Lancashire
66. Hamer, L. (2005). *Community engagement for health: a preliminary review of training and development needs and existing provision for public sector organisations and their workers*. London: NICE.
67. Henderson, B. (2006). *Research into the sustainability issues facing organisations involved in community activity and health improvement*. Edinburgh: NHS Health Scotland.

68. Hole, K. (2011). Loneliness compendium: examples from research and practice. York: Joseph Rowntree Foundation.
69. Hothi, M.; Bacon, N.; Brophy, M. and Mulgan, G. (2007). Neighbourliness + empowerment = wellbeing: is there a formula for happy communities? London: The Young Foundation
70. Kennedy, L. (2010). "Benefits arising from lay involvement in community-based public health initiatives: the experience from community nutrition". Perspectives in Public Health. 130(4), pp.165-172.
71. McLean, J. and McNeice, V. (2012). Assets in action: illustrating asset based approaches for health improvement. Glasgow: Glasgow Centre for Population Health.
72. Melton, J. and Clee, S. (2009). "Mechanisms to engage communities in fostering social inclusion: a provider perspective". Public Services. 5(2), pp.29-37.
73. Muscat, R. (2010). "Area based initiatives: do they deliver?". CLES Briefing, Feb 2010, pp1-8.
74. Nesta (2012). The power of co-design and co-delivery. London: The Innovation Unit.
75. Nesta (2013). Peer support that changes lives. London: The Innovation Unit.
76. Neumark (2010). Engaging with communities - lessons from the frontline. London: Community Development Foundation.
77. Plant, H. and Perry, S. (2013). "Making a difference: the impact of community learning". Adults Learning. 25(1), pp.8-13.
78. Rocket Science UK Ltd. (2011). Healthy Weight Communities programme evaluation. Edinburgh: Scottish Government Social Research.
79. Royal Society for Public Health (2014). Tackling health inequalities: the case for investment in the wider public health workforce. London: Royal Society for Public Health.
80. Seebohm, P.; Gilchrist, A. and Morris, D. (2012). "Bold but balanced: how community development contributes to mental health and inclusion". Community Development Journal. 47(4), pp.473-490.
81. Thraves, L. (2013). A dose of localism: the role of councils in public health. London: Local Government Information Unit.
82. TSRC (2013). Supporting community action - Lessons from Australia and the UK. Workshop Report, September 2013. Birmingham: Third Sector Research Centre, University of Birmingham.
83. Watts, G.; Hurley, N. and Lambert, J. (2007). Improving health and wellbeing: developing an integrated approach through community planning. Edinburgh: Blake Stevenson Ltd.
84. YHEP (2010). Empowering Communities to improve their health and wellbeing. Leeds: Altogether Better.

### **Non-UK based studies**

85. Brackertz, N.; Zwart, I.; Meredyth, D. and Ralston, L. (2005). Community consultation and the 'hard to reach': concepts and practice in Victorian local government. Victoria: Swinburne University of Technology.
86. Foot, J. and Hopkins, T. (2010). A glass half-full: how an asset approach can improve community health and well-being. London: Improvement and Development Agency Healthy Communities Team.

87. Hacking, S.; Secker, J.; Spandler, H.; Kent, L. and Shenton, J. (2008). "Evaluating the impact of participatory arts projects for people with mental health needs". *Health and Social Care in the Community*. 16(6), pp.638-648.
88. Montini, T.; George, A.; Martin-Mollard, M. and Bero, L. (2010). "The role of public participation in public health initiatives: an analysis of the WHO Framework Convention on Tobacco Control." *Global Public Health*. 5(1), pp.48-61.
89. van der Plaats, M. and Barrett, G. (2006). "Building community capacity in governance and decision making". *Community Development Journal*. 41(1), pp.25-36.

## Guidance/policy/briefing papers

### *UK based studies*

90. Aked, J.; Marks, N.; Cordon, C. and Thompson, S. (2008). *Five ways to wellbeing*. London: New Economics Foundation.
91. Buck, D. and Gregory, S. (2014). *Improving the public's health – resource for local authorities*. London: The King's Fund.
92. Department of Health. (2007). *Commissioning framework for health and well-being*. London: Department of Health.
93. NICE (2008). *Community engagement to improve health*. NICE public health guidance 9. London: NICE.
94. O'Donnell, G.; Deaton, A.; Durand, M.; Halpern, D. and Layard, R. (2014). *Wellbeing and policy*. London: Legatum Institute.
95. Paramjit, G.; MacLeod, U.; Lester, H. and Hegenbarth, A. (2013). *Improving access to health care for gypsies and travellers, homeless people and sex workers: an evidence-based commissioning guide for Clinical Commissioning Groups and Health and Wellbeing Boards*. London: The Royal College of General Practitioners
96. Savage, V.; Cordes, C.; Keenaghan-Clark, L. and O'Sullivan, C. (2010). *Public services and civil society working together: Promising ideas for effective local partnership between state and citizen*. London: The Young Foundation.
97. Scottish Community Development Centre (2013). *Assets based approaches to health improvement - Creating a culture of thoughtfulness*, briefing paper. Glasgow: SCDC.
98. Scottish Government (2003). *With inclusion in mind: the local authority's role in promoting wellbeing and social development - Mental Health (Care and Treatment) (Scotland) Act 2003 Sections 25-31*. Edinburgh: The Scottish Government.
99. Scottish Government (2013). *Equally well: review 2013 - report of the Ministerial Task Force on Health Inequalities*. Edinburgh: The Scottish Government.
100. Social Exclusion Task Force (2010). *Inclusion health: improving the way we meet the primary health care needs of the socially excluded*. London: Social Exclusion Task Force.
101. Welsh Government. (2011). *'Travelling to a better future': a Gypsy and Traveller framework for action and delivery*. Cardiff: Welsh Government.

### ***Non-UK based studies***

102. Centre for Disease Control (2013). A practitioner's guide for advancing health equity. Community Strategies for preventing Chronic Disease. Atlanta, GA: U.S. Department of Health and Human Services.
103. Marmot, M. (2014). Review of social determinants and the health divide in the WHO European Region: final report. Copenhagen: World Health Organisation Regional Office for Europe.
104. WHO (2008). Community Involvement in Tuberculosis Care and Prevention: Towards Partnerships for Health: Guiding Principles and Recommendations Based on a WHO Review. Geneva: World Health Organisation.
105. Windle, K.; Francis, J. and Coomber, C. (2011). Preventing loneliness and social isolation: interventions and outcomes. Social Care Institute for Excellence Research Briefing 39. London: Social Care Institute for Excellence.

## **Theoretical/conceptual frameworks**

### ***UK based studies***

106. Davys, D. and Tickle, E. (2008). "Social inclusion and valued roles: a supportive framework." International Journal of Therapy & Rehabilitation. 15(8), pp.358-363.
107. Fenton, C. (2013). An assets based approach to health promotion with young people in England. Submitted to the University of Hertfordshire in partial fulfilment of the requirements of the degree of DHRes
108. Kearns, A.; Tannahill, C. and Bond, L. (2009) "Regeneration and health: conceptualising the connections". Journal of Urban Regeneration and Renewal. 3(1), pp.56-76.
109. South, J. and Phillips, G. (2014). "Evaluating community engagement as part of the public health system." Journal of Epidemiology and Community Health. 68(7), pp.692-696.
110. Spencer, G. (2014). "Young people and health: towards a new conceptual framework for understanding empowerment." Health. 18(1), pp.3-22.

### ***Non-UK based studies***

111. Andersson, B. (2013). "Finding ways to the hard to reach—considerations on the content and concept of outreach work." European Journal of Social Work 16(2): 171-186.
112. Angeles, R.; Dolovich, L.; Kaczorowski, J. and Thabane, L. (2014). "Developing a theoretical framework for complex community-based interventions." Health Promotion Practice. 15(1): 100-108.
113. Baisch, M. (2009). "Community health: an evolutionary concept analysis." Journal of Advanced Nursing. 65(11): pp.2464-2476.
114. Campbell, C. (2014). "Community mobilisation in the 21st century: updating our theory of social change?" Journal of Health Psychology. 19(1), pp.46-59.

115. Campbell, C. and Cornish, F. (2010). "Towards a "fourth generation" of approaches to HIV/AIDS management: creating contexts for effective community mobilisation." *AIDS Care*. 22 (Suppl 2), pp.1569-1579.
116. Carter, S.; Rychetnik, L.; Lloyd, B.; Kerridge, I. Baur, L.; Bauman, A.; Hooker, C. and Zask, A. (2011). "Evidence, ethics, and values: a framework for health promotion." *American Journal of Public Health*. 101(3), pp.465-472.
117. Christens, B. (2012). "Targeting empowerment in community development: a community psychology approach to enhancing local power and well-being". *Community Development Journal*. 47(4), pp.538-554
118. Cramer, M.; Atwood, J. and Stoner, J. (2006). "A conceptual model for understanding effective coalitions involved in health promotion programing." *Public Health Nursing*. 23(1), pp.67-73.
119. Crosby, R. and Noar, S. (2010). "Theory development in health promotion: are we there yet?" *Journal of Behavioral Medicine*. 33(4), pp.259-263.
120. D'Elia, P.; Coppo, A.; Di Stefano, F.; Charrier, L.; Piccinelli, C.; Molinar, R.; Senore, C.; Giordano, L. and Segnan, N. (2008). "Community interventions among tobacco control strategies: coping with their definition and evaluation." *Epidemiologia E Prevenzione*. 32(3), pp.156-161.
121. Ferreira, M. and Castiel, L. (2009). "Which empowerment, which Health Promotion? Conceptual convergences and divergences in preventive health practices." *Cadernos De Saúde Pública*. 25(1), pp.68-76.
122. Hoskins, B. and Mascherini, M. (2009). "Measuring active citizenship through the development of a composite indicator." *Social Indicators Research*. 90, pp.459-488.
123. Hsueh, M. and Yeh, M. (2006). "A conceptual analysis of the process of empowering the elderly at the community level [Chinese]." *Journal of Nursing*. 53(2), pp.5-10.
124. Jabbar, A. and Abelson, J. (2011). "Development of a framework for effective community engagement in Ontario, Canada." *Health Policy*. 101(1), pp.59-69.
125. Laverack, G. (2006). "Using a 'domains' approach to build community empowerment." *Community Development Journal*. 41(1), pp.4-12.
126. Marent, B.; Forster, R. and Nowak, P. (2012). "Theorizing participation in health promotion: A literature review." *Social Theory & Health*. 10(2), pp.188-207.
127. Mittler, J.; Martsolf, G.; Telenko, S. and Scanlon, D. (2013). "Making sense of "consumer engagement" initiatives to improve health and health care: a conceptual framework to guide practice." *The Milbank Quarterly*. 91(1), pp.37-77.
128. Pronk, N.; Hernandez, L. and Lawrence, R. (2012). *An integrated framework for assessing the value of community-based prevention*. Washington, D.C: The National Academies Press.
129. Rifkin, S. (2003). "A framework linking community empowerment and health equity: it is a matter of CHOICE". *Journal of Health, Population and Nutrition*. 21(3), pp.168–180.
130. Simoni, J.; Franks, J.; Lehavot, K. and Yard, S. (2011). "Peer interventions to promote health: conceptual considerations." *The American Journal of Orthopsychiatry*. 81(3), pp.351-359.
131. Syme, S. (2010). "Towards more effective interventions to improve health: the importance of the community as an empowered partner." *Journal of Agromedicine*. 15(2), pp.90-91.



- 132.Theodori, G. (2005). "Community and Community Development in Resource-Based Areas: Operational Definitions Rooted in an Interactional Perspective." *Society & Natural Resources*. 18(7), pp.661-669.
- 133.Wagemakers, A.; Vaandrager, L.; Koelen, M.; Saan, H. and Leeuwis, C. (2010). "Community health promotion: a framework to facilitate and evaluate supportive social environments for health." *Evaluation and Program Planning*. 33(4), pp.428-435.
- 134.WHO (2002). *Community participation in local health and sustainable development - Approaches and Techniques*. European Sustainable development series: 4. Copenhagen: World Health Organisation.
- 135.Wong, N.; Zimmerman, M. and Parker, E. (2010). "A typology of youth participation and empowerment for child and adolescent health promotion." *American Journal of Community Psychology*. 46(1-2), pp.100-114.

## Commentary

### *UK based studies*

- 136.Boyle, D.; Coote, A.; Sherwood, C. and Slay, J. (2010). *Right Here, Right Now: Taking co-production into the mainstream*. London: Nesta.
- 137.Braunack-Mayer, A. and Louise, J. (2008). "The ethics of Community Empowerment: tensions in health promotion theory and practice." *Promotion & Education*. 15(3), pp5-8.
- 138.Bridgen, P. (2004). "Evaluating the empowering potential of community-based health schemes: the case of community health policies in the UK since 1997". *Community Development Journal*. 39(3), pp289-302.
- 139.Bridgen, P. (2006). "Social capital, community empowerment and public health: policy developments in the UK since 1997". *Policy and Politics*. 34 (1), pp27-50.

### *Non-UK based studies*

- 140.Anderko, L. (2010). "Achieving health equity on a global scale through a community-based, public health framework for action." *The Journal of Law, Medicine & Ethics: A Journal of The American Society of Law, Medicine & Ethics*. 38(3), 486-489.
- 141.Goldfield, N. (2009). "Community participation and (Not or) individual empowerment. The key to improving health outcomes and stabilizing healthcare costs". *Journal of Ambulatory Care Management*. 32(4), pp.271-274
- 142.Naylor, C.; Mundle, C.; Weeks, L. and Buck, D. (2013). *Volunteering in health and care: Securing a sustainable future*. London: The King's Fund.

## Practice Synthesis

### *UK based studies*

- 143.Alakeson, V.; Bunnin, A.; Miller, C. (2013). *Coproduction of health and wellbeing outcomes: the new paradigm for effective health and social care*. London, OPM Connects.

144. Burnell, J. (2013). "Small Change: understanding cultural action as a resource for unlocking assets and building resilience in communities". *Community Development Journal*. 48(1), pp.134-150.
145. Chadderton, C.; Elliott, E.; Hacking, N.; Shepard, M. and Williams, G. (2013). "Health impact assessment in the UK planning system: the possibilities and limits of community engagement." *Health Promotion International*. 28(4), pp.533-543.
146. Chirewa, B. (2012). "Development of a practical toolkit using participatory action research to address health inequalities through NGOs in the UK: challenges and lessons learned". *Perspectives in Public Health*. 132(5), pp.228-234.
147. Davis, A. and McCabe, A. (2012). "Community development as mental health promotion: principles, practice and outcomes." *Community Development Journal* 47(4), pp.506-521.
148. Gibson, A.; Britten, N. and Lynch, J. (2012). "Theoretical directions for an emancipatory concept of patient and public involvement." *Health*. 16(5), pp.531-547.
149. Gowman, N. (1999). *Healthy Neighbourhoods*. London: The King's Fund.
150. Hills, D.; Elliott, E.; Kowarzik, U.; Sullivan, F.; Stern, E.; Platt, S.; Boydell, L.; Popay, J.; Williams, G.; Petticrew, M.; McGregor, E.; Russell, S.; Wilkinson, E.; Rugkasa, J.; Gibson, M. and McDaid, D. (2007). *The Evaluation of the Big Lottery Fund Healthy Living Centres Programme, Final Report, January 2007*. London: The Big Lottery Fund.
151. Social Care Institute for Excellence (2008). *Seldom heard: developing inclusive participation in social care*. Position Paper 10. London: Social Care Institute for Excellence.
152. Social Exclusion Task Force (2010). *Inclusion health: evidence pack*, March 2010. London: Social Exclusion Task Force.

### ***Non-UK based studies***

153. Anyidoho, N. (2010). "'Communities of practice': prospects for theory and action in participatory development." *Development in Practice*. 20(3), pp.318-328.
154. Bergeron, K. and Lévesque, L. (in Press). "Designing Active Communities: A Coordinated Action Framework for Planners and Public Health Professionals." *Journal of Physical Activity & Health*. 11(5), pp.1041-1052.
155. Brenner, B. and Manice, M. (2011). "Community engagement in children's environmental health research." *The Mount Sinai Journal of Medicine*. 78(1), pp. 85-97.
156. Firesheets, E.; Francis, M.; Barnum, A. and Rolf, L. (2012). "Community-based prevention support: using the interactive systems framework to facilitate grassroots evidenced-based substance abuse prevention." *American Journal of Community Psychology*. 50(3-4), pp.347-356.
157. Heisler, M. (2010). "Different models to mobilize peer support to improve diabetes self-management and clinical outcomes: evidence, logistics, evaluation considerations and needs for future research." *Family Practice*. 27 (Suppl 1), pp.i23-i32.
158. Hendrick, A. and Young, S. (2013). "Working the spaces between policy and practice: the contributions offered by resilience theory and action research". *Child and Family Social Work*. 18(2), pp.179-188.



159. Israel, B.; Coombe, C.; Cheezum, R.; Schulz, A.; McGranaghan, R.; Lichenstein, R.; Reyes, A.; Clement, J. and Burris, A. (2010). "Community-based participatory research: a capacity-building approach for policy advocacy aimed at eliminating health disparities." *American Journal of Public Health*. 100(11), pp.2094-2102.
160. Kickbusch, I. and Gleicher, D. (2012). *Governance for health in the 21st century*. Copenhagen: World Health Organization Regional Office for Europe.
161. Letcher, A. and Perlow, K. (2009). "Community-based participatory research shows how a community initiative creates networks to improve well-being." *American Journal of Preventive Medicine*. 37(6, Suppl 1), pp.s292-s299.
162. Ramsden, V.; McKay, S. and Crowe, J. (2010). "The pursuit of excellence: engaging the community in participatory health research." *Global Health Promotion*. 17(4), pp.32-42.
163. Raymond, E.; Sevigny, A.; Tourigny, A.; Vezina, A.; Verreault, R. and Guilbert, A. (2013). "On the track of evaluated programmes targeting the social participation of seniors: a typology proposal." *Ageing and Society*. 33(2), pp.267-296.
164. Repper, J.; Aldridge, B.; Gilfoyle, S.; Gillard, S.; Perkins, R.; Rennison. (2013). *Peer support workers: theory and practice. Implementing Recovery through Organisational Change briefing*. London: Centre for Mental Health and Mental Health Network.

## Social Return on Investment (SROI)

### *UK based studies*

165. Women's Resource Centre (2011). *Hidden value: demonstrating the extraordinary impact of women's voluntary and community organisations*. London: Women's Resource Centre.

### *Non-UK based studies*

None

## Generic/Unclear

### *UK based studies*

166. Boyle, D.; Clark, S. and Burns, S. (2006). *Hidden work: Co-production by people outside paid employment*. York: Joseph Rowntree Foundation.

### *Non-UK based studies*

167. Grady, M. and Goldblatt, P. (2012). *Addressing the social determinants of health: the urban dimension and the role of local government*. Copenhagen: WHO Regional Office for Europe.
168. Knapp, M.; Bauer, A.; Perkins, M. and Snell, T. (2011). *Building community capacity. Making an economic case*. PSSRU Discussion Paper 2772. Canterbury: Personal Social Services Research Unit.

### 3. Scoping review – methods

The scoping review methods and search strategy are outlined in this section.

#### 3.1 Aims

The broad aim of the scoping review was to map the evidence on community centred approaches to health and wellbeing.

#### 3.2 Search strategy

Electronic databases searched (from January 2004 to April 2014): MEDLINE, IDOX Information Service; CINAHL, Social Policy and Practice; Academic Search Complete. The following search strategy was used:

1. (communit\* or lay or public or citizen\* or people or empower\* or social or emancipat\* or volunt\* or “asset-based” or peer)
2. (concept\* or framework or definition\* or theory or theories or model or typolog\* or categoris\* or categoriz\* or dimension\* or domain\* or construct or review or “evidence base\*” or effective\* or outcome\*)
3. (intervention\* or prevention\* or engagement or involve\* or participat\* or action or development or mobilisation or commissioning)
4. ("health promotion" or "health improvement" or "healthy communit\*" or wellbeing or “quality of life” or “self-care” or resilience)
5. (determinant\* N2 (social or health)) or (health N2 (inequality or equity or exclu\*)) or (underserved or “hard to reach” or “seldom heard”)
6. MeSH terms: (MH "Community Networks") OR (MH "Community-Based Participatory Research") OR (MH "Voluntary Health Agencies") OR (MH "Voluntary Programs") OR (MH "Volunteers") or (MH "community health worker") or (MH "public health practice")

#### **Combinations**

6 (MeSH) and 2 (TI)

(1 N2 3) and 2 and 4

(1 N2 3) and 2 (Title only)

(1 N2 3) and 5

1 and 2 and 5 (Title only)

An additional cross-cutting search was run in MEDLINE (January 2004 to April 2014):

((communit\* or citizen\* or empower\* or emancipat\* or “asset-based” or "co-production") n2 (intervention\* or engagement)) AND (health or wellbeing or "well being")

(concept\* or framework or definition\* or theory or theories or theoriz\* or typolog\*) AND (intervention\* or engagement or involve\* or participat\*) AND (health or wellbeing or "well being")

communit\* and (empower\* or engage\* or involv\* or participat\* or emancipat\*) and (health or wellbeing or "well being")

In addition, 67 websites of relevant organisations were searched (see Appendix 2 for a full list) for published and unpublished literature. Other sources were: Experts' own libraries; stakeholder input; reference lists of included or key articles.

### **3.3 Inclusion criteria**

Population: Members of the public

Interventions: Community-based interventions

Outcomes: Health-related outcomes (including wider determinants of health)

Study designs:

- Secondary research e.g. systematic reviews; practice reviews; practice synthesis;
- Theoretical or conceptual papers;
- Relevant discussion papers.

Excluded: Primary research

### **3.3 Study selection**

Two reviewers selected studies against the inclusion criteria, using a standardised form. Decisions were recorded and studies about which either reviewer was uncertain were discussed within the whole team.

### **3.4 Coding**

Coding was carried out in two stages, in Microsoft Excel (stage 1) and in SPSS (Stage 2). Each included study was coded by one reviewer, against the following categories:

UK relevant;  
Type of article;  
Topic as described by authors;  
Population as described by authors;  
Intervention approach level 1\*;  
Intervention approach level 2\*;  
Source;  
Process outcomes reported? (Y/N);  
Health outcomes reported (Y/N)?;

if Y – at individual or community level?  
 Overall effect positive/ negative/ neutral/ mixed/ unclear?;  
 Wellbeing outcomes reported? (Y/N):  
 if Y – at individual or community level?  
 Overall effect positive/ negative/ neutral/ mixed/ unclear?;  
 Social/ wider determinants of health outcomes reported? (Y/N);  
 if Y –Overall effect positive/ negative/ neutral/ mixed/ unclear?;  
 Service delivery or organisational outcomes reported?  
 if Y –Overall effect positive/ negative/ neutral/ mixed/ unclear?;  
 Economic/ cost outcomes reported? (Y/N);  
 if Y – Overall effect positive/ negative/ neutral/ mixed/ unclear?

\*taken from Prof. J South's initial family of community-centred approaches.

### **Definitions**

#### *Outcomes*

Individual health outcomes are defined as health behaviours; knowledge and attitudes; modification of risk factors, such as obesity or hypertension; mental health issues such as depression, stress, anxiety, self-esteem; Mortality; Morbidity; and Disease management.

Community health outcomes are defined as any population change on any of the above.

Individual wellbeing outcomes are defined as changes to Quality of life; Life satisfaction; Sense of belonging; Perceived social support; Personal or skills development; Subjective wellbeing; and Healthy ageing.

Community wellbeing outcomes are defined as changes in Social capital; Social networks; Community capacity; improved family functioning; Increased community activities/resources; Community empowerment (as outcome); and Community resilience.

### *Study designs*

**Systematic review:** A systematic review is a review of the evidence on a clearly formulated question that uses systematic and explicit methods to identify, select and critically appraise relevant primary research, and to extract and analyse data from the studies that are included in the review.

**Non-systematic review:** A review of the literature that may have some elements of systematic review (e.g. a systematic search or selection criteria) but does not meet all the criteria to be called a systematic review.

**Practice review/ evaluation:** A review of practice that compares only a few projects

**Practice synthesis:** A review of many similar projects, which may also have conceptual elements

**Guidance/ policy/ briefings:** Documents produced by government departments or professional bodies that aim to present evidence-based guidelines for practice.

**Theoretical/ conceptual frameworks:** Academic papers which aim to develop or explore theoretical or conceptual models or frameworks to categorise and organise ideas.

**Commentary:** Discussion pieces that do not report the findings of research.

**Social Return on Investment analysis:** SROI is an approach to understanding and managing the value of the social, economic and environmental outcomes created by an activity or an organisation. It is based on a set of principles that are applied within a framework.

### *Approach to Community involvement*

Studies were coded using the four groups listed in the 'Guide to Community community-centred Approaches for Health and Wellbeing (PHE, NHS England 2015):

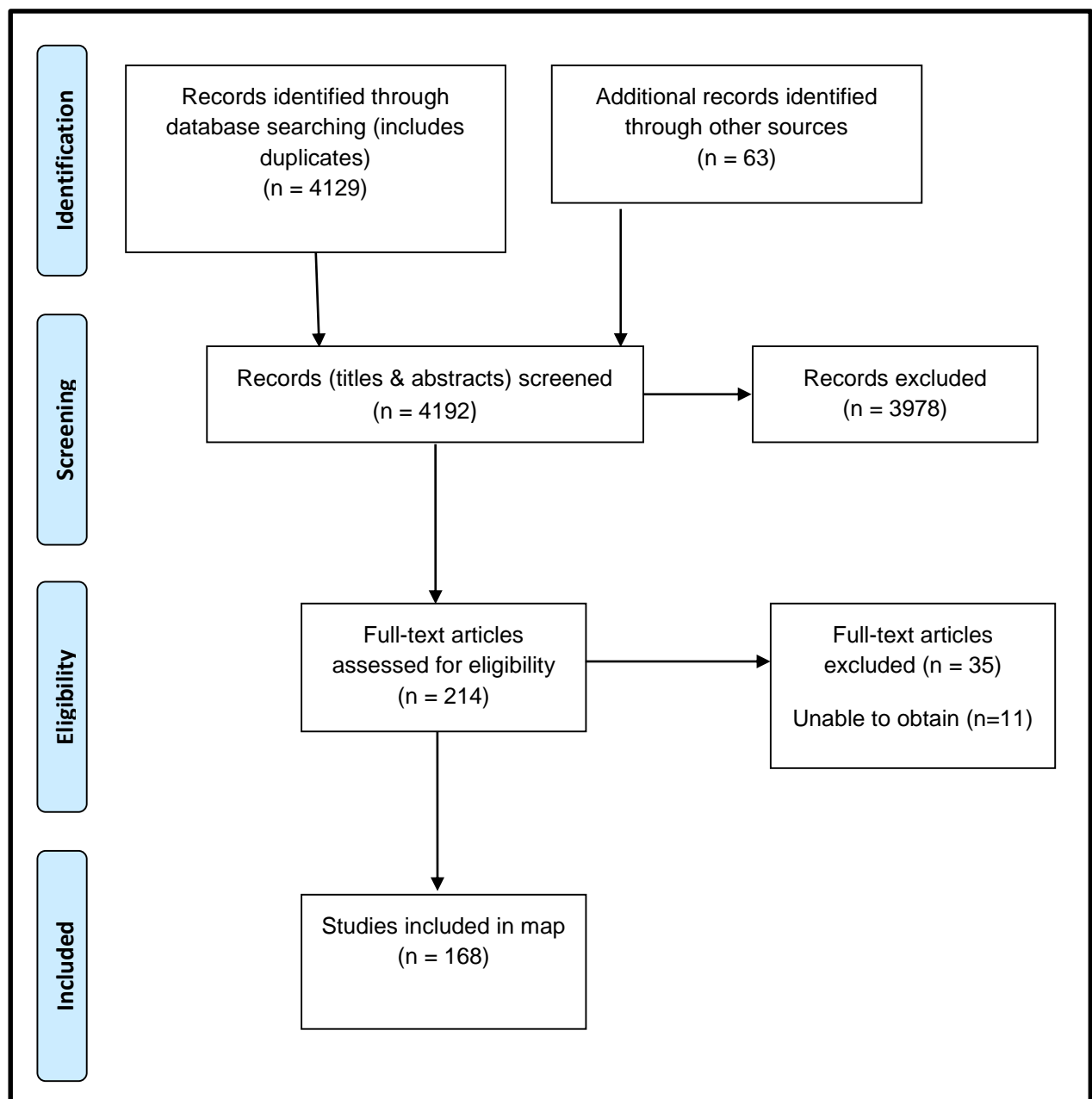
- **Strengthening communities** – where approaches involve building community capacity to take action on health and the social determinants of health
- **Volunteer & peer roles** – where approaches focus on enhancing individuals' capabilities to provide advice, information and support or organise activities around health and wellbeing in their or other communities
- **Collaborations & partnerships** – where approaches involve working in partnership with communities to design and/or deliver services and programmes
- **Access to community resources** – where approaches focus on connecting people to community resources, information and social activities

## 4. Map of literature

### 4.1 Scoping review results -overview

The searches of electronic databases found 4129 titles and abstracts, of which 151 were retrieved in full, plus 63 documents obtained from websites and personal libraries of experts (see Figure 1 for a diagram of the study selection procedure). 168 papers were included and coded to produce a “map” of secondary and conceptual research in this area (see Appendix 2 for a full list of included studies, and Appendix 3 for a table of included studies). 84 of these studies were carried out in and/ or were directly relevant to the UK.

**Figure 1** Study selection flow chart



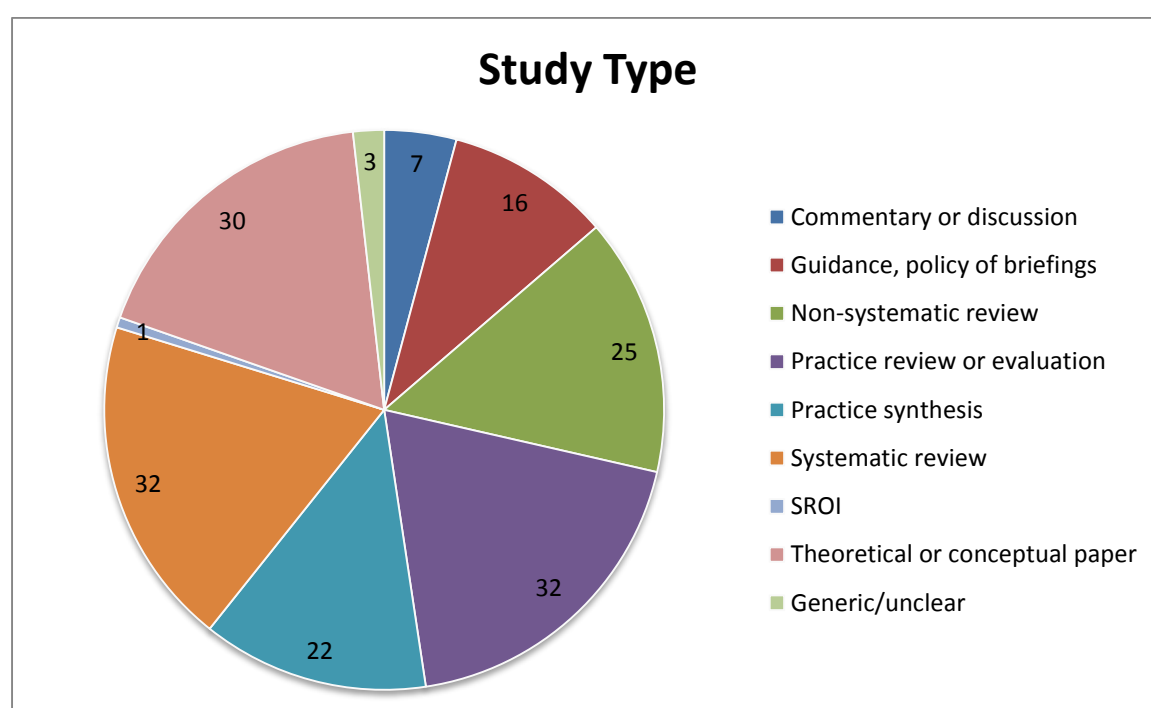
## 4.2 Study type

There was a range of study types (Table 1, Figure 2) with the most prevalent being systematic reviews (n=32), practice reviews (n=32) and theoretical or conceptual papers (n=30), many of which sought to develop a model or framework.

**Table 1 Study Type**

Study type	Number of studies
Commentary or discussion	7
Guidance, policy or briefings	16
Non-systematic review	25
Practice review or evaluation	32
Practice synthesis	22
Systematic review	32
SROI	1
Theoretical or conceptual paper	30
Unclear	3

**Figure 2 Study Type**



## 4.3 Approach to community involvement

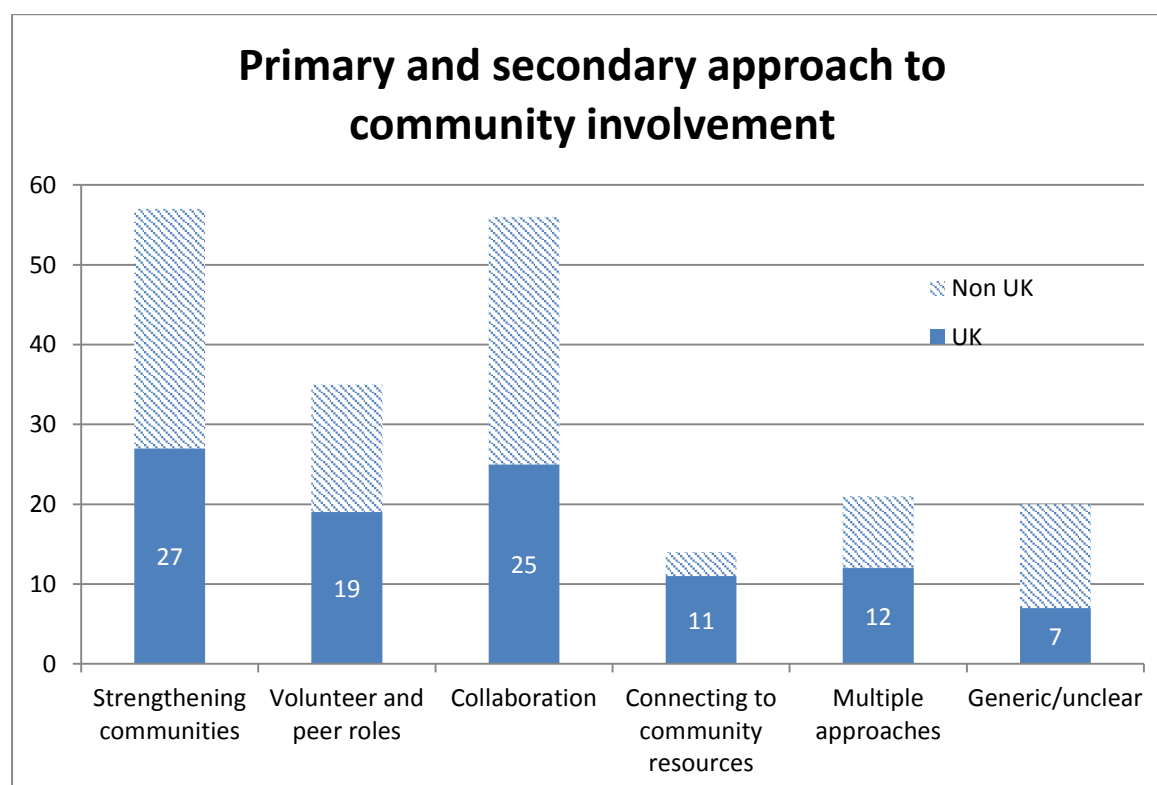
Studies were coded by their overall approach to community involvement (Table 2), with Strengthening Communities (n=57) and Collaboration (n=56) being the most utilised approaches, and Connecting to Community Resources (n=14) the least. 21 studies

employed multiple approaches and in a further 20 the approach was generic/unclear<sup>1</sup>. Papers with a UK focus followed a similar pattern (Figure 3). Most of the theoretical papers were not coded against this category.

**Table 2** *Approach to community involvement (level 1)*

Approach	Number of studies	Number of UK studies
Strengthening communities	57	27
Volunteer and peer roles	35	19
Collaboration	56	25
Connecting to community resources	14	11
Multiple approaches	21	12
Generic/Unclear	20	7

**Figure 3** *Approach to community involvement*



#### 4.4 Outcomes reported

In terms of the types of outcomes that were reported in the included studies, process outcomes (i.e. how an intervention was implemented) were the most frequently reported (n=114 studies), followed by service delivery and organisational outcomes (n=86 studies),

<sup>1</sup> This was using an earlier version of the 'family of community-centred approaches'. See: <https://www.gov.uk/government/publications/health-and-wellbeing-a-guide-to-community-centred-approaches>.



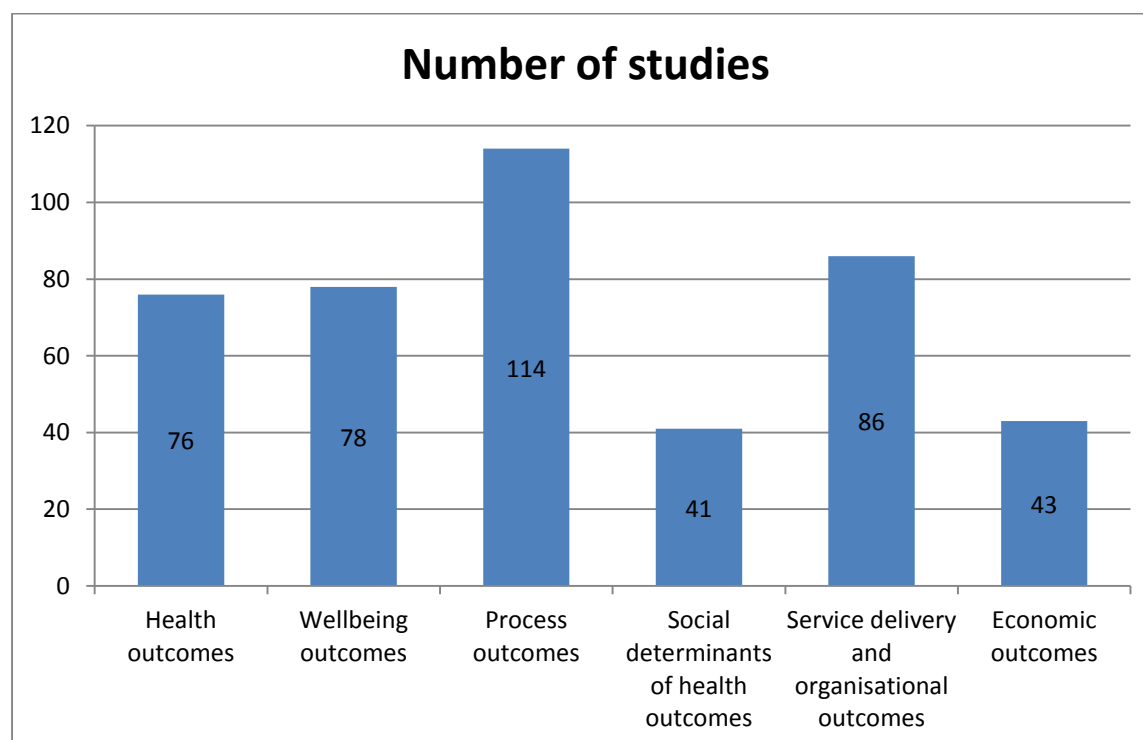
wellbeing outcomes (n=78 studies) and health outcomes (n=76 studies). Economic outcomes were reported in 43 studies, and outcomes relating to the social determinants of health were reported in only 41 studies (Table 3, Figure 4). Wellbeing outcomes were slightly more likely to be reported at a community level (n=54 studies out of 78 that reported wellbeing outcomes) than were health outcomes (n=50 studies out of 76 that reported health outcomes) (Figure 5).

Most theoretical and conceptual papers were not coded against this category, or were coded as n/a.

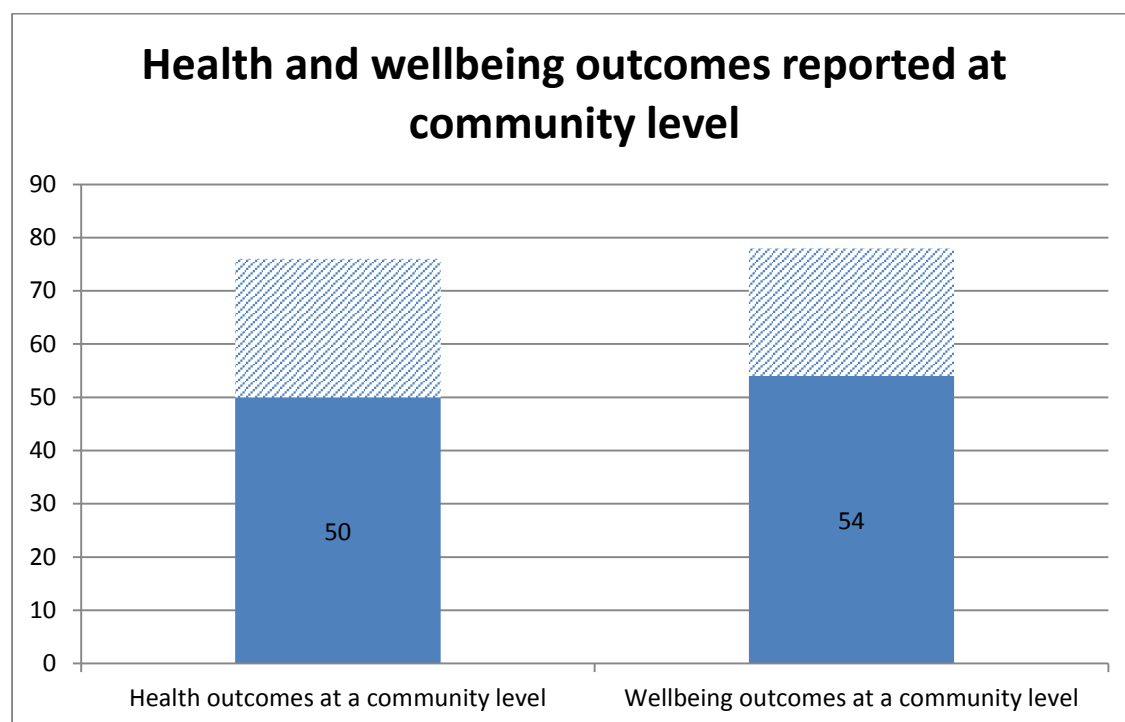
**Table 3**      *Types of outcome reported*

Type of outcome reported	Number of studies
Health outcomes	76
Health outcomes at a community level	50
Wellbeing outcomes	78
Wellbeing outcomes at a community level	54
Process outcomes	114
Social determinants of health outcomes	41
Service delivery and organisational outcomes	86
Economic outcomes	43

**Figure 4**      *Types of outcome reported*



**Figure 5**      *Health and Wellbeing outcomes reported at community level*



## Appendix 1: Tables of included studies

**Table A Strengthening Communities**

*Description of Table: Relevant publications reporting on approaches focused on building community capacity to take action on health and the social determinants of health*

Bibliographic details	Type of paper	Topic or subject (as described by author)	Population or condition (as described by author)	Intervention – level 2	Process outcomes?	Health outcomes?	Community health outcomes?	Wellbeing outcomes?	Community wellbeing outcomes?	Social/wider determinants of health outcomes?	Service/delivery outcomes?	Economic outcomes?	Number of studies
<b>Ager A (2013)</b>	Non-systematic review	Community development, evidence-based public policy	Children, resilience & wellbeing	ABCD						✓	✓		108
<b>Anderko L (2010)</b>	Commentary	Community based public health framework	Health equity, "health for all"	Community action etc						✓	✓		
<b>BergeronK and LévesqueL (in Press)</b>	Practice Synthesis	Community design	Planning for active communities	Unclear		✓	✓			✓	✓	✓	
<b>Braunack-Mayer A. and Louise J (2008)</b>	Commentary	Ethics of community participation/em powerment approaches	Reflexive Equilibrium Community Empowerment	Multiple areas	✓								
<b>Bridgen P. (2004)</b>	Commentary	Community empowerment	UK community health policy	Community empowerment	✓								

Bibliographic details	Type of paper	Topic or subject (as described by author)	Population or condition (as described by author)	Intervention – level 2	Process outcomes?	Health outcomes?	Community health outcomes?	Wellbeing outcomes?	Community wellbeing outcomes?	Social/wider determinants of health outcomes?	Service/delivery outcomes?	Economic outcomes?	Number of studies
<b>Bridgen P (2006)</b>	Commentary	Social capital and community empowerment	UK health policy	Community empowerment						✓			
<b>Burnell J (2013)</b>	Practice Synthesis	Asset-based approaches	Small Change	ABCD	✓			✓	✓	✓	✓	✓	
<b>Campbell C (2014)</b>	Theoretical/ conceptual frameworks	Community mobilisation	Social change, Freirian theory	Community empowerment	✓								
<b>Campbell C and Cornish F (2010)</b>	Theoretical/ conceptual frameworks	Community mobilisation	HIV/ AIDS management	community empowerment	✓					✓	✓		
<b>Care and Social Services Inspectorate Wales (2012)</b>	Practice reviews/ evaluations	Review of national standards framework	Older people, dementia	Unclear	✓	✓	✓	✓					
<b>Christens B (2012)</b>	Theoretical/ conceptual frameworks	Empowerment in community development	General communities, looking at psychological empowerment and mental health	Community development									
<b>Community Health Exchange (2012)</b>	Practice reviews/ evaluations	Asset-based health/ community-led health	Disadvantaged /'hard to reach' communities	ABCD		✓	✓	✓	✓	✓	✓		
<b>Davis A and McCabe A (2012)</b>	Practice Synthesis	Community development	Mental health problems/ social deprivation	Community development	✓	✓	✓	✓			✓	✓	

<b>Number of studies</b>	<b>Economic outcomes?</b>	<b>Service/delivery outcomes?</b>	<b>Social/wider determinants of health outcomes?</b>	<b>Community wellbeing outcomes?</b>	<b>Wellbeing outcomes?</b>	<b>Community health outcomes?</b>	<b>Health outcomes?</b>	<b>Process outcomes?</b>	<b>Intervention – level 2</b>	<b>Population or condition (as described by author)</b>	<b>Topic or subject (as described by author)</b>	<b>Type of paper</b>	<b>Bibliographic details</b>
31						✓	✓		Strengthening social networks/ neighbourhood networks	Community strengthening interventions	Strong communities	Systematic review	<b>Elliott E et al (2012)</b>
									Community empowerment	Micro and macro levels	Empowerment	Theoretical/ conceptual frameworks	<b>Ferreira M and Castiel L (2009)</b>
	✓	✓	✓		✓	✓	✓	✓	Multiple areas	Statutory services, commissioning nature of community development, relationship to community	Community development	Non-systematic Review	<b>Fisher B (2011)</b>
		✓		✓	✓	✓	✓	✓	Community action etc.	BME mental wellbeing/ health/services	Community engagement projects	Practice reviews/ evaluations	<b>Fountain J and Hicks J (2010) Lancashire</b>
				✓				✓	Multiple areas	Evaluation/ reviewing strategies	Community-level health interventions	Systematic review	<b>Hills D (2004)</b>
		✓			✓			✓	Community empowerment	Residents and communities	Community engagement and neighbourhood working Practices	Practice reviews/ evaluations	<b>Hothi M et al (2007)</b>

<b>Bibliographic details</b>	<b>Type of paper</b>	<b>Topic or subject (as described by author)</b>	<b>Population or condition (as described by author)</b>	<b>Intervention – level 2</b>	<b>Process outcomes?</b>	<b>Health outcomes?</b>	<b>Community health outcomes?</b>	<b>Wellbeing outcomes?</b>	<b>Community wellbeing outcomes?</b>	<b>Social/wider determinants of health outcomes?</b>	<b>Service/delivery outcomes?</b>	<b>Economic outcomes?</b>	<b>Number of studies</b>
<b>Israel B et al (2010)</b>	Practice Synthesis	Capacity building	Community-based participatory research	Community capacity building	✓	✓		✓	✓		✓		
<b>Kearns A et al (2009)</b>	Theoretical/ conceptual frameworks	Health policy and regeneration policy and their connections	'Mixed communities'	Multiple areas	✓								
<b>Knapp M et al (2011)</b>	Unclear	Building community capacity	Cost effectiveness of different 'models'	Community capacity building								✓	
<b>Larson C et al (2009)</b>	Non-systematic Review	Community-based participatory methods to improve health status	Marginalised populations	Multiple areas									
<b>Laverack G (2006) "Improving health outcomes through community empowerment"</b>	Non-systematic Review	Community empowerment	Health improvement	Community empowerment	✓	✓		✓	✓		✓	✓	

<b>Bibliographic details</b>	<b>Type of paper</b>	<b>Topic or subject (as described by author)</b>	<b>Population or condition (as described by author)</b>	<b>Intervention – level 2</b>	<b>Process outcomes?</b>	<b>Health outcomes?</b>	<b>Community health outcomes?</b>	<b>Wellbeing outcomes?</b>	<b>Community wellbeing outcomes?</b>	<b>Social/wider determinants of health outcomes?</b>	<b>Service/delivery outcomes?</b>	<b>Economic outcomes?</b>	<b>Number of studies</b>
<b>Laverack G (2006) "Using a 'domains' approach to build community empowerment"</b>	Theoretical/ conceptual frameworks	Community empowerment	Demonstrates use of "domains" approach to conceptualising planning and applying community empowerment within a programme context	Community empowerment									
<b>Levasseur M et al. (2010)</b>	Systematic review	Social participation - typology	Older people	Strengthening social networks/ neighbourhood networks	✓								43
<b>Liberato S et al (2011)</b>	Systematic review	Community development	Measuring capacity building	Community capacity building	✓			✓	✓		✓		18
<b>Marston C et al (2013)</b>	Systematic review	Community participation	Maternal and new born health	Community action etc.	✓	✓	✓				✓		10
<b>McLean J and McNeice V (2012)</b>	Practice reviews/ evaluations	Asset based approaches	Scotland	ABCD	✓	✓		✓	✓	✓	✓	✓	
<b>Melton J and Clee S (2009)</b>	Practice reviews/ evaluations	Development of collaborative strategies for social inclusion	People who use mental health services	Multiple areas				✓	✓		✓		
<b>Milligan C et al (2013)</b>	Systematic review	Social activity intervention	Men's sheds	Multiple areas	✓	✓	✓	✓			✓		6

Bibliographic details	Type of paper	Topic or subject (as described by author)	Population or condition (as described by author)	Intervention – level 2	Process outcomes?	Health outcomes?	Community health outcomes?	Wellbeing outcomes?	Community wellbeing outcomes?	Social/wider determinants of health outcomes?	Service/delivery outcomes?	Economic outcomes?	Number of studies
<b>Milton B et al (2012)</b>	Systematic review	Community engagement	Social determinants of health	Multiple areas	✓			✓	✓		✓		13
<b>Neumark (2010)</b>	Practice reviews/ evaluations	Community empowerment	Various - disadvantaged communities	Multiple areas		✓	✓			✓	✓	✓	
<b>Plant H and Perry S (2013)</b>	Practice reviews/ evaluations	Community learning	Adult learners	Community health & development projects		✓	✓	✓		✓			
<b>Rifkin S (2003)</b>	Theoretical/ conceptual frameworks	Community empowerment and health equity	Explores the relationship between empowerment and equity	Community empowerment	✓								
<b>Rosenburg J (2011)</b>	Non-systematic Review	Community owned and managed housing agency	People who rent/use social housing	Multiple areas			✓		✓	✓			
<b>Scottish Community Development Centre (2013)</b>	Guidance/ policy/ briefings	Assets based approaches	Older people/ tobacco/ diabetes	ABCD	✓	✓	✓	✓	✓	✓	✓		
<b>Seebohm P and Gilchrist A (2008)</b>	Non-systematic Review	Community development	Mental health	Community development	✓	✓	✓				✓	✓	



Bibliographic details	Type of paper	Topic or subject (as described by author)	Population or condition (as described by author)	Intervention – level 2	Process outcomes?	Health outcomes?	Community health outcomes?	Wellbeing outcomes?	Community wellbeing outcomes?	Social/wider determinants of health outcomes?	Service/delivery outcomes?	Economic outcomes?	Number of studies
<b>Seebohm P et al (2012)</b>	Practice reviews/ evaluations	Community development/ inclusion	Mental health	Community development	✓	✓		✓	✓				
<b>South J and Phillips G (2014)</b>	Theoretical/ conceptual frameworks	Evaluating community engagement	Largely theoretical. Advocates new system of evaluation.	Multiple areas	✓								
<b>Theodori G. (2005)</b>	Theoretical/ conceptual frameworks	Community development	Operational definitions - 'community', 'community development'	Community development	✓			✓	✓		✓		
<b>TSRC (2013)</b>	Practice reviews/ evaluations	Community action	UK and Australia	Community development	✓			✓	✓	✓	✓		
<b>Vatcharavongvan P et al (2013)</b>	Non-systematic review	Community empowerment	Parallel track model/disadvantaged communities	Community empowerment	✓	✓	✓	✓	✓	✓	✓		9
<b>Wagemakers A et al (2010)</b>	Theoretical/ conceptual frameworks	Community health promotion	Framework for developing supportive environment for health	Strengthening social networks/ neighbourhood networks	✓			✓	✓		✓		29
<b>Wallerstein N (2006)</b>	Non-systematic Review	Empowerment	Empowerment to improve health	Community empowerment		✓		✓	✓				

<b>Number of studies</b>	<b>Economic outcomes?</b>	<b>Service/delivery outcomes?</b>	<b>Social/wider determinants of health outcomes?</b>	<b>Community wellbeing outcomes?</b>	<b>Wellbeing outcomes?</b>	<b>Community health outcomes?</b>	<b>Health outcomes?</b>	<b>Process outcomes?</b>	<b>Intervention – level 2</b>	<b>Population or condition (as described by author)</b>	<b>Topic or subject (as described by author)</b>	<b>Type of paper</b>	<b>Bibliographic details</b>
29		✓		✓	✓	✓	✓	✓	Community empowerment	Freirian and popular education	Community empowerment	Systematic review	<b>Wiggins N (2012)</b>
									Community development	Child and adolescent health promotion	Community participation and empowerment	Theoretical/ conceptual frameworks	<b>Wong N et al (2010)</b>
13		✓		✓	✓	✓	✓	✓	Health champions; community champions	Disadvantaged communities	Empowerment	Non-systematic review	<b>Woodall J et al (2010)</b>

**Table B Volunteer and Peer Roles**

*Description of Table: Relevant publications reporting on approaches focused on enhancing individuals' capabilities to provide advice, information and support or organise activities around health and wellbeing in their or other communities*

Bibliographic details	Type of paper	Topic or subject (as described by author)	Population or condition (as described by author)	Intervention – level 2	Process outcomes?	Health outcomes?	Community health outcomes?	Wellbeing outcomes?	Community wellbeing outcomes?	Social/wider determinants of health outcomes?	Service/delivery outcomes?	Economic outcomes?	Number of studies
<b>Andersson B (2013)</b>	Theoretical/ conceptual frameworks	Outreach work	Hard to reach	Lay health workers; community health workers									
<b>Carr S et al (2011)</b>	Systematic review	Health Related Lifestyle Advise	Individuals and communities in the UK	Health champions; community champions		✓	✓	✓		✓	✓	✓	26
<b>Casiday R et al (2008)</b>	Systematic review	Volunteering	Health effects	Volunteering	✓	✓	✓	✓	✓		✓		87
<b>CLES Consulting (2011)</b>	Practice reviews/ evaluations	Wellbeing evaluations funded by the Big Lottery Fund		Volunteering		✓	✓	✓	✓		✓		
<b>Firesheets E et al (2012)</b>	Practice Synthesis	Community-based prevention support	Substance abuse	Multiple areas	✓	✓					✓		

Bibliographic details	Type of paper	Topic or subject (as described by author)	Population or condition (as described by author)	Intervention – level 2	Process outcomes?	Health outcomes?	Community health outcomes?	Wellbeing outcomes?	Community wellbeing outcomes?	Social/wider determinants of health outcomes?	Service/delivery outcomes?	Economic outcomes?	Number of studies
<b>Ford P et al (2013)</b>	Systematic review	Peer-support programmes	Smoking cessation, disadvantaged groups	Peer support	✓	✓						✓	8
<b>Goldfield N (2009)</b>	Commentary	Community empowerment		Health champions; community champions		✓	✓	✓	✓		✓	✓	
<b>Heaven B et al (2013)</b>	Systematic review	Interventions to promote social roles in retirement	Older people who have retired	Volunteering		✓		✓					11
<b>Heisler M (2010)</b>	Practice Synthesis	Peer support	Diabetes (self-management)	Peer support	✓	✓		✓				✓	
<b>Henderson B (2006)</b>	Practice reviews/ evaluations	Community activity, volunteer groups	Sustainability	Multiple areas	✓							✓	
<b>Jenkinson C et al (2013)</b>	Systematic review	Volunteering	Health and survival of volunteers	Volunteering	✓	✓		✓				✓	40
<b>Kennedy L (2010)</b>	Practice reviews/ evaluations	Lay involvement in community-based public health initiatives	Community nutrition	Lay health workers; community health workers	✓	✓	✓	✓	✓		✓	✓	

Bibliographic details	Type of paper	Topic or subject (as described by author)	Population or condition (as described by author)	Intervention – level 2	Process outcomes?	Health outcomes?	Community health outcomes?	Wellbeing outcomes?	Community wellbeing outcomes?	Social/wider determinants of health outcomes?	Service/delivery outcomes?	Economic outcomes?	Number of studies
<b>Miyamoto Y and Sono T (2012)</b>	Systematic review	Peer support - effects/ benefits of	People with mental health difficulties	Peer support	✓	✓	✓	✓			✓		51
<b>Mundle C et al (2012)</b>	Non-systematic Review	Volunteering	Health & care in England	Volunteering	✓	✓		✓		✓	✓	✓	
<b>Naylor C et al (2013)</b>	Commentary	Volunteering	Unclear	Volunteering	✓	✓					✓		
<b>Nesta (2012)</b>	Practice reviews/ evaluations	Peer support		Peer support	✓	✓		✓					
<b>Nesta (2013)</b>	Practice reviews/ evaluations	Peer support	People powered health	Peer support		✓		✓	✓				
<b>Parker D et al J (2008)</b>	Systematic review	Community nursing	(Informal) caregivers of people with dementia	Multiple areas	✓			✓					40
<b>Paylor J (2011)</b>	Non-systematic Review	Volunteering	Impact of	Volunteering	✓	✓		✓	✓		✓	✓	64
<b>Peel N and Warburton J (2009)</b>	Non-systematic Review	Volunteers as peer educators	Senior volunteers - fall prevention	Peer education, peer counselling, peer mentoring	✓	✓		✓	✓		✓	✓	

<b>Bibliographic details</b>	<b>Type of paper</b>	<b>Topic or subject (as described by author)</b>	<b>Population or condition (as described by author)</b>	<b>Intervention – level 2</b>	<b>Process outcomes?</b>	<b>Health outcomes?</b>	<b>Community health outcomes?</b>	<b>Wellbeing outcomes?</b>	<b>Community wellbeing outcomes?</b>	<b>Social/wider determinants of health outcomes?</b>	<b>Service/delivery outcomes?</b>	<b>Economic outcomes?</b>	<b>Number of studies</b>
<b>Pennington M et al. (2013)</b>	Systematic review	Cost-effectiveness of HRLA roles	Peers/lay advisors	Multiple areas								✓	24
<b>Repper J et al (2013)</b>	Practice Synthesis	Peer support	Peer support in mental health services	Peer support	✓	✓		✓			✓	✓	
<b>Royal Society for Public Health (2014)</b>	Practice reviews/ evaluations	Wider public health workforce		Health champions; community champions	✓	✓	✓	✓	✓	✓		✓	
<b>Simoni J et al (2011)</b>	Theoretical/ conceptual frameworks	Peer interventions	Conceptual considerations	Multiple areas									
<b>South J et al (2013)</b>	Systematic review	Lay health workers - categorisation	Lay health workers	Lay health workers; community health workers	✓								228
<b>South J et al (2010)</b>	Systematic review	Roles of lay people in public health	All lay people in communities	Multiple areas	✓	✓	✓	✓	✓		✓	✓	228
<b>South J et al (2010)</b>	Non-systematic Review	Community health champions	All communities	Health champions; community champions	✓	✓	✓		✓		✓		23

<b>Number of studies</b>	<b>Economic outcomes?</b>	<b>Service/delivery outcomes?</b>	<b>Social/wider determinants of health outcomes?</b>	<b>Community wellbeing outcomes?</b>	<b>Wellbeing outcomes?</b>	<b>Community health outcomes?</b>	<b>Health outcomes?</b>	<b>Process outcomes?</b>	<b>Intervention – level 2</b>	<b>Population or condition (as described by author)</b>	<b>Topic or subject (as described by author)</b>	<b>Type of paper</b>	<b>Bibliographic details</b>
5	✓	✓				✓	✓	✓	Peer education, peer counselling, peer mentoring	HIV prevention, adolescent pregnancy, sexual health promotion for young people	Peer education	Systematic review	<b>Tolli M (2012)</b>
19	✓			✓	✓	✓	✓	✓	Health champions; community champions	Older people	Community health champions	Non-systematic Review	<b>Woodall J et al (2012)</b>
					✓		✓		Health champions; community champions	Unclear	Community empowerment	Practice reviews/ evaluations	<b>YHEP (2010)</b>

**Table C Collaborations & Partnerships**

Description of Table: Relevant publications reporting on approaches focused on working in partnership with communities to design and/or deliver services and programmes

Bibliographic details	Type of paper	Topic or subject (as described by author)	Population or condition (as described by author)	Intervention – level 2	Process outcomes?	Health outcomes?	Community health outcomes?	Wellbeing outcomes?	Community wellbeing outcomes?	Social/wider determinants of health outcomes?	Service/delivery outcomes?	Economic outcomes?	Number of studies
<b>Alakeson V et al (2013)</b>	Practice Synthesis	Coproduction	Involving and empowering patients	Co-production	✓	✓	✓	✓	✓		✓		
<b>Andrews J et al (2012)</b>	Systematic review	Community-based participatory research	Hard to reach Smokers	Community-based participatory research	✓			✓	✓		✓	✓	
<b>Anyidoho N (2010)</b>	Practice Synthesis	Participatory development	Communities of practice	Community capacity building	✓			✓	✓		✓		
<b>Attree P et al (2011)</b>	Systematic review	Community engagement	Subjective experience of health	Unclear	No	✓	✓	✓					22
<b>Blomfield M and Cayton H (2010)</b>	Non-systematic Review	Community engagement	To identify the purposes of and most appropriate ways to engage communities in health	Multiple areas	✓	✓	✓			✓	✓		



Bibliographic details	Type of paper	Topic or subject (as described by author)	Population or condition (as described by author)	Intervention – level 2	Process outcomes?	Health outcomes?	Community health outcomes?	Wellbeing outcomes?	Community wellbeing outcomes?	Social/wider determinants of health outcomes?	Service/delivery outcomes?	Economic outcomes?	Number of studies
<b>Boyle D et al (2006)</b>	Unclear	Co-production	Recovery	Multiple areas	✓	✓		✓	✓	✓	✓		
<b>Boyle D et al (2010)</b>	Commentary	Co-production	All	Co-production							✓		
<b>Brackertz N et al. (2005)</b>	Practice reviews/evaluations	Community consultation	'Hard to reach' groups	Multiple areas	✓								
<b>Brenner B and Manice M (2011)</b>	Practice Synthesis	Importance of community engagement	Children's environmental health research	Community-based participatory research	✓								
<b>Buck D and Gregory S (2014)</b>	Guidance/Policy/briefings	Partnership working	Improving health and reducing health inequalities	Multiple areas									
<b>Burton P et al (2004)</b>	Systematic review	Area Based Initiatives		Asset-based initiatives; regeneration	✓			✓	✓		✓	✓	34
<b>Chadderton C et al (2013)</b>	Practice Synthesis	Community engagement	Health Impact Assessment, spatial planning	Unclear	✓						✓		
<b>Chadderton C et al (2008)</b>	Practice reviews/evaluations	Involving the public in health impact assessment	Welsh public	Community-based participatory research	✓						✓		

<b>Number of studies</b>	<b>Economic outcomes?</b>	<b>Service/delivery outcomes?</b>	<b>Social/wider determinants of health outcomes?</b>	<b>Community wellbeing outcomes?</b>	<b>Wellbeing outcomes?</b>	<b>Community health outcomes?</b>	<b>Health outcomes?</b>	<b>Process outcomes?</b>	<b>Intervention – level 2</b>	<b>Population or condition (as described by author)</b>	<b>Topic or subject (as described by author)</b>	<b>Type of paper</b>	<b>Bibliographic details</b>
	✓	✓						✓	Community-based participatory research	Challenges	Participatory action research to address health inequalities	Practice Synthesis	<b>Chirewa B (2012)</b>
13		✓	✓		✓	✓	✓	✓	Community development	Homeless people	Community-based health promotion	Systematic review	<b>Coles E et al (2012)</b>
		✓						✓	Multiple areas	Level of involvement/influence on local planning structures	Community-led health organisations	Practice reviews/evaluations	<b>Community Health Exchange (2012)</b>
27		✓						✓	Unclear	Improving hypertension, black adults	Culturally sensitive community interventions	Systematic review	<b>Connell P et al (2008)</b>
		✓							Community coalitions	Conceptual model, internal effectiveness	Community coalition	Theoretical/conceptual frameworks	<b>Cramer M et al (2006)</b>
									Asset-based initiatives; regeneration	Young people in England	Assets based model	Theoretical/conceptual frameworks	<b>Fenton C (2013)</b>

<b>Bibliographic details</b>	<b>Type of paper</b>	<b>Topic or subject (as described by author)</b>	<b>Population or condition (as described by author)</b>	<b>Intervention – level 2</b>	<b>Process outcomes?</b>	<b>Health outcomes?</b>	<b>Community health outcomes?</b>	<b>Wellbeing outcomes?</b>	<b>Community wellbeing outcomes?</b>	<b>Social/wider determinants of health outcomes?</b>	<b>Service/delivery outcomes?</b>	<b>Economic outcomes?</b>	<b>Number of studies</b>
<b>Gibson A et al (2012)</b>	Practice Synthesis	Patient and public involvement	Theoretical	Co-production	✓								
<b>Hamer L (2005)</b>	Practice reviews/ evaluations	Community engagement	Public sector organisations/w orkers	Multiple areas	✓								
<b>Hendrick A and Young S (2013)</b>	Practice Synthesis	Action research/resilience theory	Children from disadvantaged communities	Community-based participatory research		✓	✓	✓	✓		✓		
<b>Jabbar A and Abelson J (2011)</b>	Theoretical/ conceptual frameworks	Effective community engagement	Local health integration networks of Ontario, Canada	Multiple areas									
<b>Kickbusch I and Gleicher D (2012)</b>	Practice Synthesis	Governance for health	Collaborative governance	Multiple areas	✓			✓	✓	✓	✓		
<b>Mackinnon J, Reid M and Kearns A (2006)</b>	Non-systematic review	Community-based health improvement	Scotland	Multiple areas	✓	✓	✓	✓	✓	✓	✓		
<b>Montini T et al (2010)</b>	Practice reviews/ evaluations	Public participation	Public health initiatives (tobacco control strategies)	Community coalitions	✓			✓	✓		✓		631
<b>Muscat R (2010)</b>	Practice reviews/ evaluations	Area-based initiatives	Deprived communities	Asset-based initiatives; regeneration	✓	✓	✓			✓			

<b>Bibliographic details</b>	<b>Type of paper</b>	<b>Topic or subject (as described by author)</b>	<b>Population or condition (as described by author)</b>	<b>Intervention – level 2</b>	<b>Process outcomes?</b>	<b>Health outcomes?</b>	<b>Community health outcomes?</b>	<b>Wellbeing outcomes?</b>	<b>Community wellbeing outcomes?</b>	<b>Social/wider determinants of health outcomes?</b>	<b>Service/delivery outcomes?</b>	<b>Economic outcomes?</b>	<b>Number of studies</b>
<b>Nitsch M et al (2013)</b>	Systematic review	Participatory evaluation	Health promotion evaluation	Community-based participatory research	✓			✓	✓		✓		42
<b>Perkins N et al (2010)</b>	Systematic review	Partnerships in public health		Multiple areas	✓	✓	✓					✓	31
<b>Ramsden V et al (2010)</b>	Practice Synthesis	Community-based participatory research	Tobacco misuse	Community-based participatory research	✓	✓		✓	✓		✓		
<b>Raymond E et al (2013)</b>	Practice Synthesis	Social participation - typology	Older people	Community partnership	✓					✓	✓		
<b>Rifkin S (2009)</b>	Non-systematic Review	Community participation	Integrating participation into health programmes	Multiple areas	✓						✓		
<b>Savage V et al (2010)</b>	Guidance/ policy/ briefings	Local partnerships		Multiple areas	✓			✓	✓		✓		
<b>Shalowitz M et al (2009)</b>	Non-systematic Review	Community engagement, community based participatory research	Community members	Community-based participatory research	✓					✓	✓		

Bibliographic details	Type of paper	Topic or subject (as described by author)	Population or condition (as described by author)	Intervention – level 2	Process outcomes?	Health outcomes?	Community health outcomes?	Wellbeing outcomes?	Community wellbeing outcomes?	Social/wider determinants of health outcomes?	Service/delivery outcomes?	Economic outcomes?	Number of studies
<b>Social Care Institute for Excellence (2008)</b>	Practice Synthesis	Inclusive, everyday participation	'Seldom heard' service users	Co-production	✓						✓	✓	
<b>Stacciarini J-M et al (2011)</b>	Non-systematic Review	Community based participatory research	Mental health in minority populations	Community-based participatory research	✓	✓	✓				✓		
<b>Stith S et al (2006)</b>	Non-systematic Review	Community based prevention programming		Multiple areas	✓								40
<b>Sunderland N et al (2013)</b>	Non-systematic Review	Online health promotion communities	Multiplex (online and offline) communities	Multiple areas	✓			✓	✓		✓		16
<b>Syme S (2010)</b>	Theoretical/ conceptual frameworks	Community empowerment	Community and environmental health promotion/disease prevention	Unclear	✓								
<b>Tapp H and Dulin M (2010)</b>	Non-systematic Review	Community based participatory research	Practice-based research networks	Community-based participatory research	✓						✓		

<b>Number of studies</b>	<b>Economic outcomes?</b>	<b>Service/delivery outcomes?</b>	<b>Social/wider determinants of health outcomes?</b>	<b>Community wellbeing outcomes?</b>	<b>Wellbeing outcomes?</b>	<b>Community health outcomes?</b>	<b>Health outcomes?</b>	<b>Process outcomes?</b>	<b>Intervention – level 2</b>	<b>Population or condition (as described by author)</b>	<b>Topic or subject (as described by author)</b>	<b>Type of paper</b>	<b>Bibliographic details</b>
		✓						✓	Community partnership	Marginalised groups; children and parents	Building community capacity in governance and decision making	Practice reviews/ evaluations	<b>van der Plaats M and Barrett G (2006)</b>
34								✓	Community-based participatory research	Child health	Community-based participatory research	Systematic review	<b>Vaughn L et al (2013)</b>
		✓							Multiple areas	Community Planning Partnerships	Integrated planning/ delivery	Practice reviews/ evaluations	<b>Watts G et al (2007)</b>
									Multiple areas		Community participation: action planning model	Theoretical/ conceptual frameworks	<b>WHO (2002)</b>
		✓	✓	✓	✓	✓	✓	✓	Asset-based initiatives; regeneration	TB care & prevention	Community involvement	Guidance/ policy/ briefings	<b>WHO (2008)</b>

**Table D Access to community resources**

*Description of Table: Relevant publications reporting on approaches focused on connecting people to community resources, information and social activities*

Bibliographic details	Type of paper	Topic or subject (as described by author)	Population or condition (as described by author)	Intervention – level 2	Process outcomes?	Health outcomes?	Community health outcomes?	Wellbeing outcomes?	Community wellbeing outcomes?	Social/wider determinants of health outcomes?	Service/delivery outcomes?	Economic outcomes?	Number of studies
<b>Department of Health (2007)</b>	Guidance/ policy/ briefings	Commissioning	Local services	Commissioning models	✓	✓	✓	✓		✓	✓		
<b>Evans S and Vallerly S (2007)</b>	Non-systematic Review	Promoting social wellbeing for frail older people	Frail older people	Outreach		✓		✓	✓	✓	✓		
<b>Paramjit G et al (2013)</b>	Guidance/ policy/ briefings	Social inclusion, commissioning services	Marginalised groups	Commissioning models						✓			
<b>Social Exclusion Task Force (2010)</b>	Guidance/ policy/ briefings	Addressing primary health care needs of the socially excluded	Socially excluded	Multiple areas									

Number of studies													
Economic outcomes?													
Service/delivery outcomes?													
Social/wider determinants of health outcomes?										✓			
Community wellbeing outcomes?													
Wellbeing outcomes?								✓					
Community health outcomes?													
Health outcomes?							✓						
Process outcomes?													
Intervention – level 2													
Population or condition (as described by author)													
Topic or subject (as described by author)													
Type of paper													
Bibliographic details													
<b>Welsh Government (2011)</b>	Guidance/ policy/ briefings	Framework for action focusing on key policy areas affecting access to services for Gypsies and Travellers	Gypsies and Travellers	Multiple areas									
<b>Women's Resource Centre (2011)</b>	SROI	Voluntary and community organisations	Women's VCOs	Multiple areas			✓						



**Table E Multiple Areas**

*Description of Table: Relevant publications reporting on multiple approaches*

Bibliographic details	Type of paper	Topic or subject (as described by author)	Population or condition (as described by author)	Intervention – level 2	Process outcomes?	Health outcomes?	Community health outcomes?	Wellbeing outcomes?	Community wellbeing outcomes?	Social/wider determinants of health outcomes?	Service/delivery outcomes?	Economic outcomes?	Number of studies
<b>Centre for Disease Control (2013)</b>	Guidance/policy/briefings	Policy, systems and environmental improvement strategies	Preventing chronic disease, health equity	Multiple areas	✓								
<b>Coulter A (2010)</b>	Non-systematic Review	Community engagement in health	UK public	Multiple areas	✓								
<b>Foot J and Hopkins T (2010)</b>	Practice reviews/evaluations	Asset approach	Community health and wellbeing	Multiple areas	✓	✓	✓			✓	✓		
<b>Ganann R et al (2012)</b>	Systematic review	Community-based interventions	Children's fruit and vegetable consumption/access	Multiple areas	✓								239
<b>Gowman N (1999)</b>	Practice Synthesis	Neighbourhood interventions	Unclear	Multiple areas	✓					✓	✓		
<b>Hills D et al (2007)</b>	Practice Synthesis	Healthy living centres	Community level interventions to address health inequalities	Multiple areas	✓	✓	✓	✓	✓	✓	✓	✓	

<b>Bibliographic details</b>	<b>Type of paper</b>	<b>Topic or subject (as described by author)</b>	<b>Population or condition (as described by author)</b>	<b>Intervention – level 2</b>	<b>Process outcomes?</b>	<b>Health outcomes?</b>	<b>Community health outcomes?</b>	<b>Wellbeing outcomes?</b>	<b>Community wellbeing outcomes?</b>	<b>Social/wider determinants of health outcomes?</b>	<b>Service/delivery outcomes?</b>	<b>Economic outcomes?</b>	<b>Number of studies</b>
<b>Hole K (2011)</b>	Practice reviews/ evaluations	Neighbourhood approaches to loneliness programme	Holistic programme engaging anyone in the neighbourhood who feels lonely	Multiple areas	✓	✓	✓	✓	✓	✓			
<b>Letcher A and Perlow K (2009)</b>	Practice Synthesis	Community-based participatory research	Community networks and wellbeing	Multiple areas	✓	✓	✓	✓	✓		✓	✓	
<b>Marmot M (2014)</b>	Guidance/ policy/ briefings	Social determinants of health	Health inequalities	Multiple areas		✓	✓	✓	✓	✓	✓		
<b>NICE (2008)</b>	Guidance/ policy/ briefings	Community engagement/ community development	Health improvement	Multiple areas	✓							✓	
<b>O'Donnell G et al (2014)</b>	Guidance/ Policy/ briefings	Wellbeing to measure prosperity, improve public policy	Public policy	Multiple areas	✓	✓	✓	✓		✓		✓	
<b>O'Mara-Eves A et al (2013)</b>	Systematic review	Community engagement to reduce inequalities	Disadvantaged communities	Multiple areas	✓	✓	✓					✓	361

<b>Number of studies</b>	<b>Economic outcomes?</b>	<b>Service/delivery outcomes?</b>	<b>Social/wider determinants of health outcomes?</b>	<b>Community wellbeing outcomes?</b>	<b>Wellbeing outcomes?</b>	<b>Community health outcomes?</b>	<b>Health outcomes?</b>	<b>Process outcomes?</b>	<b>Intervention – level 2</b>	<b>Population or condition (as described by author)</b>	<b>Topic or subject (as described by author)</b>	<b>Type of paper</b>	<b>Bibliographic details</b>
		✓						✓	Navigators/ connectors	Deprived communities with higher than average incidences of health issues	Engaging communities in healthy eating, physical activity and healthy weight activities	Practice reviews/ evaluations	<b>Rocket Science UK Ltd (2011)</b>
		✓	✓	✓	✓			✓	Multiple areas	Mental disorder	Role of local authorities to promote wellbeing	Guidance/ policy/ briefings	<b>Scottish Government (2003)</b>
	✓							✓	Multiple areas	Excluded groups	Promising Practice	Practice Synthesis	<b>Social Exclusion Task Force (2010)</b>
96	✓				✓		✓		Multiple areas	Mental wellbeing in people aged 65+	Public health interventions	Systematic review	<b>Windle G et al (2008)</b>
	✓	✓			✓		✓	✓	Multiple areas	Older people + other groups	Preventing loneliness/ social isolation	Guidance/ policy/ briefings	<b>Windle K et al (2011)</b>

**Table F      Generic/Unclear**

Bibliographic details	Type of paper	Topic or subject (as described by author)	Population or condition (as described by author)	Intervention – level 2	Process outcomes?	Health outcomes?	Community health outcomes?	Wellbeing outcomes?	Community wellbeing outcomes?	Social/wider determinants of health outcomes?	Service/delivery outcomes?	Economic outcomes?	Number of studies
<b>Aked J et al (2008)</b>	Guidance/ Policy/ briefings	Actions to improve personal wellbeing		Unclear	✓	✓	✓	✓	✓	✓			
<b>Angeles R et al (2014)</b>	Theoretical/ conceptual frameworks	Complex community-based interventions		Unclear									
<b>Baisch M (2009)</b>	Theoretical/ conceptual frameworks	Community health	n/a	Unclear									537
<b>Caie J (2012)</b>	Practice reviews/ evaluations	Community engagement	Mental health in prisons	Unclear	✓	✓		✓		✓			
<b>Carter S et al (2011)</b>	Theoretical/ conceptual frameworks	Health promotion Practice	Weight	Unclear									
<b>Clark A (2011)</b>	Practice reviews/ evaluations	Support in the community	Older people	Unclear	✓	✓	✓	✓		✓	✓	✓	
<b>Crosby R and Noar S (2010)</b>	Theoretical/ conceptual frameworks	Theory development in health promotion	Behavioural interventions in public heal	Unclear									

<b>Bibliographic details</b>	<b>Type of paper</b>	<b>Topic or subject (as described by author)</b>	<b>Population or condition (as described by author)</b>	<b>Intervention – level 2</b>	<b>Process outcomes?</b>	<b>Health outcomes?</b>	<b>Community health outcomes?</b>	<b>Wellbeing outcomes?</b>	<b>Community wellbeing outcomes?</b>	<b>Social/wider determinants of health outcomes?</b>	<b>Service/delivery outcomes?</b>	<b>Economic outcomes?</b>	<b>Number of studies</b>
<b>D'Elia P et al (2008)</b>	Theoretical/ conceptual frameworks	Community interventions	Tobacco control strategies	Unclear									
<b>Davys D and Tickle E (2008)</b>	Theoretical/ conceptual frameworks	Social inclusion	Social role valorization, disability	Unclear								✓	
<b>Friedli L (2009)</b>	Non-systematic Review	Mental health influences on individuals and communities	Whole population	Multiple areas	✓		✓	✓	✓				
<b>Grady M and Goldblatt P (2012)</b>	Unclear	Social determinants of health/built environment	Role of local governments	Unclear									
<b>Hacking S et al (2008)</b>	Practice reviews/ evaluations	Participatory arts projects	Mental health	Unclear	✓	✓		✓					
<b>Hoskins B and Mascherini M (2009)</b>	Theoretical/ conceptual frameworks	Active citizenship, political participation, composite indicators	General population?	Multiple areas	✓								
<b>Hsueh M and Yeh M (2006)</b>	Theoretical/ conceptual frameworks	Community empowerment	Senior citizens	Unclear									
<b>Kenny A et al (2013)</b>	Systematic review	Community participation	Rural primary health care	Multiple areas	✓	✓	✓	✓	✓		✓		37

<b>Bibliographic details</b>	<b>Type of paper</b>	<b>Topic or subject (as described by author)</b>	<b>Population or condition (as described by author)</b>	<b>Intervention – level 2</b>	<b>Process outcomes?</b>	<b>Health outcomes?</b>	<b>Community health outcomes?</b>	<b>Wellbeing outcomes?</b>	<b>Community wellbeing outcomes?</b>	<b>Social/wider determinants of health outcomes?</b>	<b>Service/delivery outcomes?</b>	<b>Economic outcomes?</b>	<b>Number of studies</b>
<b>Marent B et al (2012)</b>	Theoretical/ conceptual frameworks	Participation in health promotion	Theoretical approaches to HP	Unclear									
<b>Mittler J et al (2013)</b>	Theoretical/ conceptual frameworks	Community based consumer engagement initiatives	Consumer engagement initiatives										
<b>Pons-Vigues M et al (2014)</b>	Systematic review	Governance to tackle health inequalities	European cities	Unclear	✓								54
<b>Pronk N et al (2012)</b>	Theoretical/ conceptual frameworks	Community based prevention	Long term / chronic disease	Unclear	✓								
<b>Scottish Government (2013)</b>	Guidance/ policy/ briefings	Health inequalities	Scotland	Multiple areas		✓		✓					
<b>Spencer G (2014)</b>	Theoretical/ conceptual frameworks	Empowerment and health	Young people	Unclear									
<b>Thraves L (2013)</b>	Practice reviews/ evaluations	Framework for improving health outcomes	Socially excluded groups	Unclear	✓							✓	

## Appendix 2: List of websites searched

### National organisations

- ESRC research investments: health and wellbeing (<http://www.esrc.ac.uk/research/major-investments/health-wellbeing.aspx>)
- Local Government Association – health (<http://www.local.gov.uk/health>)
- Local Government Association and Department of Health – ‘From transition to transformation in public health’ ([http://www.local.gov.uk/health/-/journal\\_content/56/10180/3374673](http://www.local.gov.uk/health/-/journal_content/56/10180/3374673))
- NICE – ‘support for local government’ (<http://www.nice.org.uk/localgovernment/localgovernment.jsp>)
- NHS Health Scotland (<http://www.healthscotland.com>)
- NIHR Public Health Research programme (<http://www.nets.nihr.ac.uk/programmes/phr>)
- NIHR School for Public Health Research (<http://www.sphr.nihr.ac.uk>)
- Policy Research Unit in Commissioning and the Healthcare System (<http://www.prucomm.ac.uk>)
- Public Health Agency (for Northern Ireland) - Health and social wellbeing improvement (<http://www.publichealth.hscni.net/directorate-public-health/health-and-social-wellbeing-improvement>)
- Public Health England (<http://www.gov.uk/government/organisations/public-health-england>)
- Royal Society for Public Health (<http://www.rsph.org.uk>)
- The King’s Fund – public health and inequalities (<http://www.kingsfund.org.uk/topics/public-health-and-inequalities>)
- Centre for Translational Research in Public Health (<http://www.fuse.ac.uk/shifting-the-gravity-of-spending%3f-/3131>)
- UCL Institute of Health Equity (<http://www.instituteofhealthequity.org>)
- UK Faculty of Public Health (<http://www.fph.org.uk/>)
- UK Healthy Cities Network (<http://www.healthycities.org.uk/>)
- Welsh Government – Health and social care (<http://www.wales.gov.uk/topics/health/?lang=en>)
- World Health Organisation Europe – Health 2020:the European policy for health and wellbeing (<http://www.euro.who.int/en/health-topics/health-policy/health-2020-the-european-policy-for-health-and-well-being>)
- Altogether Better – evidence resources
- Association of Public Health Observatories (<http://www.apho.org.uk>)
- BIG Lottery wellbeing evaluation
- Centre for Public Scrutiny (<http://www.cfps.org.uk>)

- Charities evaluation service (<http://www.ces-vol.org.uk>)
- Community Development Exchange (<http://www.cdx.org.uk>)
- Community Development Foundation (<http://www.cdf.org.uk>)
- Department of Communities and Local Government – Community empowerment division (<http://www.togetherwecan.direct.gov.uk>)
- Community Health Exchange (<http://www.scdc.org.uk>)
- Federation of Community Development learning (<http://www.fcdl.org.uk>)
- Health link (<http://www.health-link.org.uk>)
- Improvement foundation – healthy community collaborative (<http://www.improvementfoundation.org>)
- Improvement and development agency for local government (<http://www.idea.gov.uk>)
- NHS Involve (<http://www.invo.org.uk/>)
- National Council for Voluntary Organisations (<http://www.ncvo-vol.org.uk>)
- NHS Centre for involvement (<http://www.nhscentreforinvolvement.nhs.uk>)
- National Social Marketing Centre (<http://www.nsms.org.uk>)
- National support team for health inequalities (<http://www.dh.gov.uk/en/publichealth/healthinequalities/index.htm>)
- Nesta – people powered health
- New Economics Foundation (<http://www.neweconomics.org>)
- Pacesetters Programme (<http://www.dh.gov.uk/managingyourorganisation/equalityandhumanrights/pacesettersprogramme/index.htm>)
- Patient and Public Involvement specialist library (<http://www.library.nhs.uk/ppi/>)
- Picker Institute Europe (<http://www.pickereurope.org>)
- Turning Point (<http://www.turning-point.co.uk>)
- Joseph Rowntree Foundation
- Academy for Sustainable Communities (<http://www.ascskills.org.uk/what-we-do.html>)

## Local organisations

- Bradford and Airedale PCT (<http://www.bradfordandairdale-pct.nhs.uk>)
- Bromley by Bow Centre (<http://www.bbbc.org.uk>)
- Community Health Action partnership (<http://www.chalk-ndc.info/doing/ndc-health/chap>)
- East Midlands community dialogue project (<http://www.communitydialogue.typepad.com>)
- Heart of Birmingham PCT (<http://www.hobpct.nhs.uk>)



- Herefordshire PCT (<http://www.herefordshire.nhs.uk>)
- Liverpool PCT (<http://www.liverpoolpct.nhs.uk>)
- Murray Hall Community Trust (<http://www.murrayhall.co.uk>)
- St. Mathews Project, Leicester ([http://www2.le.ac.uk/departments/health-sciences/extranet/research-groups/nuffield/project\\_profiles/eqh.html](http://www2.le.ac.uk/departments/health-sciences/extranet/research-groups/nuffield/project_profiles/eqh.html))
- NHS Tower Hamlets (<http://www.towerhamlets.nhs.uk>)

### Organisation with a specific focus on ethnic minority communities

- Apnee Seehat (<http://www.apneeseehat.net>)
- Black and ethnic minority community care forum (<http://www.bemccf.org.uk>)
- Communities in Action Enterprises (<http://www.communitiesinaction.org>)
- Community Health Involvement and Empowerment Forum (<http://www.chiefcic.com>)
- Delivery Race Equality in mental health (<http://www.nmhdn.org.uk/our-work/promoting-equalities-in-mental-health>)
- Social Action for Health ([http://www.safh.org.uk/safh\\_php/index](http://www.safh.org.uk/safh_php/index))

### Universities

- Oxford University – Department of Social policy and social work (<http://www.ox.ac.uk>)
- University of Central Lancashire – International school for communities, rights and inclusion (<http://www.uclan.ac.uk>)
- London School of Economics – Personal Social Services Research Unit (<http://www.lse.ac.uk>)
- Bath University – School for Health (<http://www.bath.ac.uk>)
- Durham University – School of Applied Social Science (<http://www.dur.ac.uk/sass>)
- Lancaster University – School of Health and Medicine (<http://www.lancs.ac.uk>)
- Liverpool University – School of population, Community and Behavioural Sciences (<http://www.liv.ac.uk>)
- York University – Social Policy Research Unit (<http://www.york.ac.uk>)
- University of Warwick

### Citizens/public experiences

- Healthtalk online (<http://healthtalkonline.org/home>)

- Involve – (<http://invo.org.uk/invonet/about-invonet>)
- 10,000 voices – (<http://www.publichealth.hscni.net/publications/10000-voices-improving-patient-experience>)
- Amazing Stories (<http://www.altogetherbetter.org.uk/amazing-stories-collection>)
- Our Stories (<http://www.bbbc.org.uk/>)
- Our Communities (<http://community.bhf.org.uk/>).